

SEE WHAT'S NEW... CHECK OUT OUR LATEST OFFER ON PAGE 40 SHOPPERS' DRUG MART

HALIFAX

metro

NEWS WORTH SHARING.

- Day 3 in world of body rub biz

How cops and advocates combat trafficking, and one man's penchant for masseuses

PAGES 24-25
- 'Best finance minister in the world'

Harper delivers eulogy

PAGE 18
- Bring on the Foreurs

Halifax ready for third round of Q playoffs, and get Ashley back

PAGES 5 & 56
- Happy Easter!

Metro won't be publishing on Good Friday. See you Monday!

101.3 THE BOUNCE

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The Boys are back

Julian, Bubbles and Ricky walk the red carpet in Halifax, return to big screen this weekend

SEE STORY ON PAGE 4

JEFF HARPER/METRO

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Up for adoption

Man fined for failing to treat mangy dog

A Truro man has been convicted of a single count of cruelty for failing to provide medical attention for his dog.

Gregory Donald Peppard, 33, appeared in provincial court Wednesday.

Nova Scotia SPCA Cruelty Investigators seized Daisy, an American Staffordshire terrier, from Peppard on Nov. 14. A release from the agency states she was suffering from a severe case of mange that was one of the worst the investigators had ever seen.

Mange is caused by an infestation of mites that burrow into either follicles or skin. It can cause sores and skin lesions, leading to hair loss and immune-system disorders.

Peppard was fined \$500, ordered to pay \$2,500 in restitution to the SPCA and has been banned from owning an animal for five years.

Daisy will be available for adoption soon. **METRO**

Six-year veteran

Officer accused of domestic assault

The province's Serious Incident Response Team has launched an investigation into allegations of domestic assault involving a Nova Scotia police officer.

The complaint was made to Bridgewater RCMP on Tuesday night by the wife of a six-year veteran.

The RCMP officer was arrested by SIRT, released on conditions and is due in court on May 7. No charges have been laid. **METRO**



Doreze Marvin Beals, left, and Andre Jerome Gray leaving Dartmouth provincial court on Wednesday. MITCH WARD/FOR METRO



Teenagers to remain behind bars for now

Bail hearing set for next week. Pair stand accused of confining, sexually assaulting girl

Two 18-year-old men accused of confining and sexually assaulting a 15-year-old girl in North Preston have been remanded into custody until a bail hearing set for April 24 in Dartmouth provincial court.

Doreze Marvin Beals faces 11 charges, including human trafficking, kidnapping, unlawful confinement, sexual assault causing bodily harm and gang sexual assault.

Police also laid eight charges against Andre Jerome Gray, including human trafficking, kidnapping, unlawful confinement, sexual assault causing bodily harm and gang sexual assault.

Both appeared briefly in court Wednesday morning.

Total charges

19

The combined number of charges facing the two North Preston men

Extra sheriffs' deputies were in the public gallery for the appearance, and the front row of seating was blocked off.

Investigators say the two

men confined the girl in a basement in North Preston for two days before she escaped last week.

Officers were called to Clarence Street on Thursday around 9 p.m. to investigate a report of shots being fired.

Police say there was no evidence of a shooting but they found the girl who alleged she had been threatened and held against her will.

THE CANADIAN PRESS, WITH FILES FROM METRO HALIFAX

Man charged in armed robbery

Halifax police have arrested a man over an armed robbery at Cash Traders pawn shop in Lower Sackville last month.

The RCMP say 28-year-old Timothy Mark Cobb was ar-

rested Tuesday at a residence on Lemon Walk in Halifax.

He has been charged with robbery wearing a disguise with intent, using a firearm in the commission of an offence,

carrying a concealed weapon, assault with a weapon, forcible confinement and possession of a weapon dangerous to the public.

On March 21, a man report-

edly entered Cash Traders on Sackville Drive, assaulted an employee and made off with jewelry. A 64-year-old store employee sustained minor injuries. **METRO**

1 NEWS



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Trailer Park Boys walk red carpet for 'real premiere'

TPB. Don't Legalize It hitting theatres on Friday

CHRISTINE BENNETT

halifax@metronews.ca

Our favourite trailer park delinquents were delighted to be back on the East Coast after going west to promote their new movie, Trailer Park Boys: Don't Legalize It.

Bubbles (Mike Smith), Ricky (Robb Wells) and Julian (John Paul Tremblay) took to the red carpet in character for the Halifax premiere at Oxford Theatre on Wednesday, along with the rest of the cast.

"This is the real premiere for us," Ricky said in an interview with Metro.

"I had a couple rums on the way over. It's fantastic. I didn't know we had drivers all night."

"We have drivers all night? Aw f—, I wish somebody had told me that," Bubbles responded, as he sipped on what he said was a glass of straight tequila.

In their return to the big



Cast members mug for the camera on the red carpet. JEFF HARPER/METRO

Quoted

"I think people should come see the movie. They could learn something. Life lessons."

Robb Wells, in character as Ricky

screen, the trio is outrageous as ever as they embark on a road trip to Ontario.

Ricky goes to Ottawa to protest marijuana legalization out of fear it would threaten his grow-op, Julian heads to Montreal after coming up with a scheme to sell "military grade piss" to people undergoing drug testing, and Bubbles goes to Kingston to pick up the school bus left to him by his deceased mother.

"You know, if they're gonna legalize it, they just gotta not increase unemployment for people like me," Ricky said, remaining in character. "If they're gonna legalize it, you have to buy it from us. It's not fair to people like me. It's gonna put me out of a job."

The film hits theatres Friday, April 18 — because the boys figured people might have other plans April 20, they said.

The crew also just finished filming 10 new episodes of the Trailer Park Boys TV show, which ended after seven seasons in 2008. Season 8 will be available to stream exclusively on Netflix this fall.

"Ricky looked stupid the whole time," Julian said.

Shooting for Season 9 is scheduled to begin next



The cast of the Trailer Park Boys new movie walks down Quinpool Road en route to the movie's Halifax premiere at Oxford Theatre on Wednesday.

JEFF HARPER/METRO

Quoted

"Camera people started following us around again ... and they shot a whole bunch of stuff that they're gonna put on Netflix."

Mike Smith, in character as Bubbles

month.

"I think Season 8's gonna

turn out to be the best season that they ever made because

they shot all the craziest stuff we've ever done," Bubbles said.

Trailer Park Boys: Don't Legalize It will also be available on Netflix after it hits theatres.

On the web

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Mooseheads fever bringing big bucks to downtown businesses

QMJHL. Restaurants booming as fans make each game night a truly special occasion

**SCOTT
MACINTOSH**
halifax@metronews.ca

Another deep run in the Quebec Major Junior Hockey League playoffs by the Halifax Mooseheads has downtown businesses cashing in.

The co-owner of the Midtown Tavern and Lounge next door to the Metro Centre says fans are lining up at bars and restaurants well before the gates open at 6 p.m. on game nights.

"I would expect with the holiday Friday and people being off on Saturday, I'm going to say 3:30 they'll be coming to get their table and getting



Mooseheads fans hold up signs during the second round of the playoffs at the Metro Centre. JEFF HARPER/METRO

at it," said Eric Grant, adding that business picks up again later in the evening.

"After the game gets over

around 9:30 the place packs back in again," he said.

The Mooseheads will host the Val d'Or Foreurs in

Games 1 and 2 of the QMJHL playoffs on Friday and Saturday.

This will be the third

How much we talking?

"We'll go through 2,000 bags (of popcorn) per game to give you an idea."

Scott Ferguson, president and CEO of Trade Centre Limited

straight season Halifax has advanced to the league semifinals.

Grant said fans are a little more thirsty than normal during the post-season.

"I'd say we sell an extra three to four kegs a night," he said.

Scott Ferguson, president and CEO of Trade Centre Limited, also said fans are spending more money and making a special event out of each game.

"I think when it moves into the event mode, which is when the playoffs are happening, then they're making

a far bigger deal of it," Ferguson said.

The Mooseheads were able to sell out the Metro Centre in the final two rounds of the QMJHL playoffs last season, but so far this spring the average attendance is 8,782.

As of Wednesday afternoon, tickets for the weekend games were not sold out, but limited seats remained.

"It's a pretty exciting time for us and for the downtown core because not only is the building filled, but they are spending a lot more money on hot dogs and hamburgers and beer and popcorn," Ferguson said.

Expect those beer and popcorn sales to continue, because Jonathan Drouin and company don't show any signs of slowing down. The Herd took care of Gatineau in five games and opened the playoffs by sweeping Charlottetown in four straight.

What's open, closed over Easter weekend

Shopping over the Easter weekend will take a little planning.

Grocery stores, malls and Nova Scotia Liquor Corporation outlets in HRM will be closed on Good Friday and Easter Sunday. Normal business hours are in effect for Saturday and Monday.

The Moosehead Cold Beer Store in Burnside is open

regular hours all weekend. The Propeller Brewery in Halifax is also open regular hours.

A release from the municipality states there will be no solid-waste collection on Good Friday. Curbside collection normally scheduled for Friday will occur on Saturday.

Collection on Monday will not be affected.

The Otter Lake landfill, both composting facilities and the HRM Recycling Plant will be closed on Friday and Sunday. HRM's residential Household Special Waste Depot will be closed on Saturday.

Banks are closed on Friday, but movie theatres are open all weekend, along with most drugstores. **METRO**



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N.S. lacks ability to track vaccinations

No electronic records. Province needs centralized vaccine registry, says chief medical officer

Although Nova Scotia can quickly respond to disease outbreaks, the province can't quickly track vaccination

records because it doesn't have a centralized electronic system, the deputy chief medical officer of health said Wednesday.

Dr. Frank Atherton said the province's paper records are held by the district health authorities, but paper can go missing and there are sometimes duplicate reports.

"It doesn't give us an accurate picture of what pro-

portion of children in Nova Scotia are currently vaccinated and we need to know that," said Atherton, who appeared before a legislature committee.

He said the province needs a central vaccine registry to target individuals and areas where there are low vaccination rates.

Nova Scotia is not alone in lacking a vaccine registry,

Atherton said, but progress is being made elsewhere with systems in place in Quebec and Ontario.

Frances Martin, acting deputy health minister, told the committee that the province is working on a records registry in collaboration with the other Atlantic provinces.

The Health Department will forward a budget proposal for 2015-16 after it

abandoned a project in 2009 that had begun five years earlier on an electronic records surveillance system in concert with Ottawa and the other provinces, she said.

Martin said the province felt the system, known as Panorama, was too costly and development was too slow.

"The provinces that continued working on Panorama

are only now getting some components of the system up and running," said Martin.

Outside the committee, Martin said the province had earmarked about \$11 million toward the development of that system, but only spent \$400,000 on computer servers that were eventually used for other information technology systems.

THE CANADIAN PRESS



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A person getting a vaccination shot. GETTY IMAGES

Engine room fire. Navy vessels return to Halifax from Caribbean mission

Two Canadian warships are back in Halifax following a six-week mission in the Caribbean that saw one vessel suffer an engine room fire as it was heading home.

A spokeswoman says HMCS Kingston and HMCS Glace Bay arrived in port Wednesday just after 9 a.m. to waiting friends and family.

The arrival comes as navy officials continue an investigation into the cause of a fire on board the Kingston.

They say the incident on Saturday caused minor damage as it was off the Carolinas, with preliminary information suggesting it was

Cocaine bust

The Canadian Navy says the ships did joint operations and supported multiple patrol aircraft sorties that resulted in the interception of about three metric tonnes of cocaine.

an electrical fire in the ship's forward machinery room.

Officials say the 55-metre coastal defence vessel was sailing for its home port after a mission in the Caribbean when the smoke alarms sounded. THE CANADIAN PRESS

Tourism

Bluenose II encounters yet another problem

Nova Scotia's tourism minister won't say whether the restored Bluenose II will be able to sail this spring after a steering problem was found on the schooner.

Michel Samson says work is underway on the vessel's steering and rudder in order to address the problem.

The province's Heritage Department says sea trials

are not yet underway, and Samson says once they're completed, the Bluenose II will return to the waters.

The steering problem is the latest in a series of issues that have plagued the delayed restoration of the schooner.

The project is over budget and Samson says the province's auditor general will review the restoration once it is complete.

In January, Premier Stephen McNeil said his government's goal was to have the boat back in the water in the spring. THE CANADIAN PRESS





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Denise John, left and Geri Musqua-LeBlanc work on a dreamcatcher at the Mi'kmaw Native Friendship Centre. Inset: Loretta Saunders JEFF HARPER/METRO; FACEBOOK

Gathering honours souls of missing women

Loretta Saunders.
Symbolic dream catcher being weaved

CHRISTINE BENNETT
halifax@metronews.ca

Halifax community members gathered on Wednesday to weave a 10-foot dream catcher to honour missing and murdered aboriginal women.

The Mi'kmaw Native

Friendship Centre in Halifax hosted the event with support from the Public Service Alliance of Canada.

They're making 824 small dream catchers to hang off the large one, each of those representing one of the aboriginal women currently missing in Canada.

"A dream catcher is to help you have good dreams and take the bad dreams away, but in this case, those women who are missing, their dreams are gone," said Debbie Eisan,

who works at the centre. "We want to make sure that their dreams are not going to be forgotten and their lives won't be forgotten."

The purple ribbon on these dream catchers represents the missing woman, and the black bead represents the mourning of that woman. The bead usually goes in the middle, but this time it's at the bottom because there's nothing to celebrate, Eisan said.

This idea came after the death of Loretta Saunders, an

Inuit woman who was murdered this year while she was studying at Saint Mary's University and writing her thesis on missing and murdered aboriginal women.

Eisan is calling on the government to provide equal and fair treatment to aboriginal cases.

"I just want these cases to be treated with the same respect, importance, and dignity as they would any other missing and murdered woman," she said.

1985. Lunenburg County murders added to major unsolved crimes program

The Nova Scotia government is now offering a reward for information that leads to an arrest and conviction in the deaths of Jack and Micheline Hulme.

On June 3, 1985, Bridgewater RCMP responded to a fire at a home in Lunenburg County where the bodies of Jack and Micheline Hulme were discovered.

The fire was deemed suspicious and the deaths were ruled a double homicide.

"It's been almost 30 years since Mr. and Mrs. Hulme were

killed, and their family is still looking for answers," said Justice Minister Lena Diab in a statement. "We urge anyone who has information about these homicides to please call our reward line. New details, no matter how small, can help police solve a case and ensure justice is served."

Anyone with information could receive up to \$150,000 through Nova Scotia's Rewards for Major Unsolved Crimes Program can call 1-888-710-9090.

METRO

Annapolis County

Body of missing fisherman recovered

Police have recovered the body of a 51-year-old fisherman whose small boat capsized on a lake in Annapolis County.

The RCMP say his body was found Wednesday at about 7:30 a.m.

Officers received a call Tuesday at about 7:30 p.m. that the man was missing in the Fisher Lake area.

Police say the caller indicated that two fishermen were in a small boat when it overturned in the lake.

One man was able to swim to shore and call the RCMP.

THE CANADIAN PRESS

Cabot Trail

Crews clear mudslide

A small mudslide on the Cabot Trail in western Cape Breton caused part of the road to be blocked and power lines to tumble this week.

Pam Menchenton of the Department of Transportation and Infrastructure Renewal said the slide happened in the Margaree Forks area on Tuesday. It blocked half the road but crews expected to have it cleaned up Wednesday, she said. The work couldn't begin until Nova Scotia Power disconnected electricity in the area because the slide caused poles and lines to collapse. Power went out for more than 800 customers. **THE CANADIAN PRESS**

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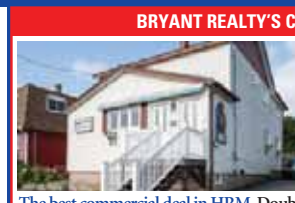
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New Yarmouth-to-Maine ferry to set sail next month

On Day 1 of the Nova Star's two-day visit to Yarmouth, people got to see the exterior of the ship.

On Day 2, the ferry opened its doors for media and public tours.

During the event on the ferry Wednesday, Owen John, vice-president of sales and marketing with Nova Star Cruises, said things are going well as far as reservations are concerned.

"We knew there'd be strong demand for the maiden voyage in May and also the following weekend," he said. "However, we're also seeing bookings for dates throughout the entire first season, including September and into October, so that's really encouraging."

Referring to one of the pledges he made last September on behalf of Nova



A dining area inside the Nova Star. YARMOUTH VANGUARD

Star Cruises — that the ship would bring 100,000 passengers through Yarmouth this year — John said they are confident they will surpass that goal.

He described marketing as a "critical component to succeed" and he said the ferry operator has done or is doing a good deal on this front.

Marketing also is a priority for the Nova Scotia Tourism Agency, whose CEO, Patrick Sullivan — another of the speakers aboard the Nova Star for the Apr. 16

event — talked about some of the efforts to promote the province in the Boston area, some involving the Boston Red Sox.

He said the World Series

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trophy (won by the Red Sox last year) will be travelling to Nova Scotia on the Nova Star.

Other speakers included Yarmouth Mayor Pam Mood.

Even the waiting she had to do to get on the vessel — there was a security process involved in getting on board — apparently didn't lower her enthusiasm for the moment.

"It took four years (to get a ferry back)," she said. "What's 20 minutes? I would have stood in that line until supertime."

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Suspect in baby deaths gave birth at home



Booking photo of Megan Huntsman.
COURTESY UTAH COUNTY SHERIFF

Secret pregnancies.
Neighbours remember weight fluctuations and toggling between baggy, tight clothes

A woman accused of concealing seven pregnancies before strangling or suffocating her newborns gave birth each

time in her home, authorities said Wednesday.

Investigators have determined that Megan Huntsman, 39, did not go to a hospital to have the babies, Police Capt. Mike Roberts said.

After her estranged husband discovered one of the infant corpses in the garage this past weekend, Huntsman acknowledged to police that she killed six of the babies over a decade

The investigation

Utah investigators are examining DNA from the babies to determine who the parents are, studying the bones to find out how long ago the babies died and have

from 1996 to 2006. She told police one of the babies was stillborn.

questioned family members and neighbours in pursuit of clues about how she did it.

- They are trying to determine why she did it and who else, if anybody, knew about it.

Roberts said Huntsman also hid her pregnancies with her two oldest daughters, now in

their early 20s, from extended family until she was at the hospital. Neighbours have said they never knew she was pregnant.

Her husband, Darren West, told police in his initial interview that he knew nothing about the pregnancies. He has since obtained an attorney and investigators haven't spoken with him again, Roberts said.

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1979 oil-crisis warning. PM's office scolds Carter over Keystone opposition

The Keystone XL pipeline issue has created a tiff between a former U.S. president and the Canadian government.

The Prime Minister's Office reacted swiftly Wednesday to a letter signed by Nobel laureates, including Jimmy Carter, urging U.S. President Barack Obama to reject the pipeline.

Prime Minister Stephen Harper's office warned: Remember 1979.

It was a reference to the dip in oil supply which followed the Iranian revolution and touched off a global panic. Prices spiked and long lines formed at gas stations, helping destabilize Carter's one-term presidency.

"Mr. Carter knows from his time as president during the 1979 energy crisis there are benefits to having access to oil from stable, secure partners like Canada," the PMO said.

The statement also cited multiple reviews by the U.S. State Department which said the project would create thousands of construction jobs without an impact on the environment.

It was during the 1979 crisis that Carter delivered a



Former U.S. president Jimmy Carter.
RALPH BARRERA/GETTY IMAGES

memorable televised speech — the so-called "Malaise" address. He asked Americans to avoid unnecessary trips, use carpools and public transit whenever necessary, follow the speed limit and lower their thermostats. He called energy conservation "an act of patriotism" and said it would help the poorest Americans cope with the price shock.

In that same speech, Carter stressed the need to become more energy self-reliant — by building pipelines when possible and tapping the nation's abundant shale resources.

THE CANADIAN PRESS

Mexico

No. 2 in drug cartel arrested

Mexican police say they have captured a man identified as the second highest ranking figure in the once-powerful Beltran Leyva drug cartel.

The head of Mexico's federal police said Wednesday that suspect Arnaldo Villa Sanchez was arrested the day before in Mexico City.

Monte Alejandro Rubido

said Villa Sanchez operated out of Mexico's capital and answered only to cartel leader Hector Beltran Leyva.

The cartel's importance diminished after the arrest of one of the Beltran Leyva brothers and the death of another in a shootout with Mexican marines in 2009.

Federal police captured Villa Sanchez in an upscale neighbourhood along with another man, two guns and several packages of synthetic drugs.

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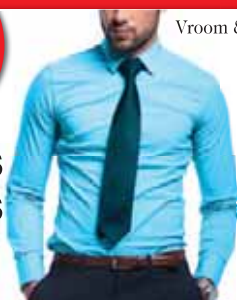
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South Korean ferry disaster

Near Jindo. Over 280 were missing; many had been trapped inside the boat as water rushed in; the tilt kept them from reaching exits

A ferry carrying 462 people, mostly high school students on an overnight trip to a tourist island, sank off South Korea's southern coast on Wednesday, leaving more than 280 people missing despite a frantic, hours-long rescue by dozens of ships and helicopters. At least four people were confirmed dead and 55 injured.

The high number of people unaccounted for — likely trapped in the ship or floating in the ocean — raised fears that the death toll could rise drastically, making it one of South Korea's biggest ferry disasters since 1993, when 292 people died.

One student, Lim Hyung-min, told broadcaster YTN

after being rescued that he and other students jumped into the ocean wearing life jackets and then swam to a nearby rescue boat.

“As the ferry was shaking and tilting, we all tripped and bumped into each another,” Lim said, adding that some people were bleeding. Once he jumped, the ocean “was so cold.... I was hurrying, thinking that I wanted to live.”

Local television stations broadcast live pictures of the ship, Sewol, listing to its side and slowly sinking as passengers jumped out or were winched up by helicopters. At least 87 vessels and 18 aircraft swarmed around the stricken ship. Rescuers clambered over its sides, pulling out passengers wearing orange life jackets.

But the ship overturned completely and continued to sink slowly. Within a few hours only its blue-and-white bow stuck out of the water; 160 coast guard and navy divers searched for survivors inside the wreckage.

THE ASSOCIATED PRESS



The South Korean Coast Guard tries to rescue passengers from the ferry Sewol off the southern coast near Jindo south of Seoul, Wednesday. Dozens of boats, helicopters and divers scrambled to rescue more than 470 people, including 325 high school students.

HYUNG MIN-WOO, YONHAP/THE ASSOCIATED PRESS

South Korea

Ferry tragedy could be one of country's worst

Yonhap news agency said the 146-metre-long ship, which travels twice a week between Incheon and Jeju, was built in Japan in 1994 and could carry a maximum of 921 people, 180 vehicles and 152 shipping containers.

The water temperature in the area was about 12 C, cold enough to cause hypothermia after 1 1/2 hours of exposure.

The two previous deadliest ferry disasters were in 1970 when 323 drowned and 1993 when 292 died.

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N. Korea bristles at London salon

'Bad hair day?' Poster ignites diplomatic row

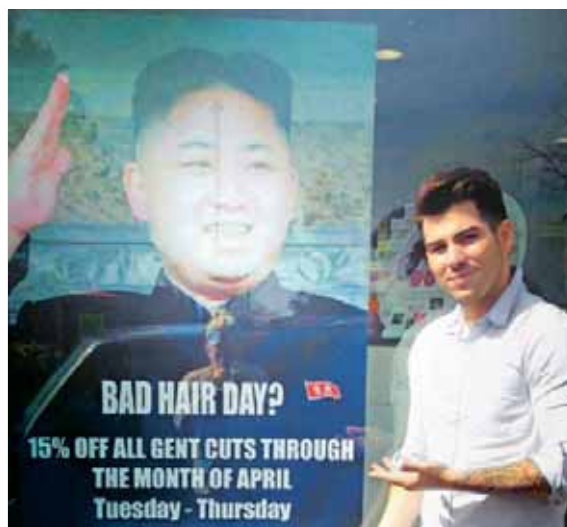
North Korea has made a diplomatic appeal to the British government to get a London salon out of its hair.

The country's diplomats have complained to the Foreign Office about a hairdressing salon that put up a poster poking fun at distinctively coiffed North Korean leader Kim Jong Un.

The Foreign Office confirmed Wednesday it had received a letter from the North Korean embassy objecting to the poster, and was considering its response.

Staff at M&M Hair Academy say they were visited by diplomats from the embassy after putting up a poster last week featuring a picture of Kim — who sports a distinctive short-back-and-sides 'do — and the slogan "Bad Hair Day?"

Barber Karim Nabbach said the salon was inspired by media rumours that North Ko-



Barber Karim Nabbach standing next to a poster poking fun at North Korean leader Kim Jong Un unusual hairstyle. M&M HAIR ACADEMY/THE ASSOCIATED PRESS

rean men had been instructed to emulate the leader's hairstyle.

He said staff refused the diplomats' request to remove the poster and had reported the incident to police.

Police said they had spoken to both parties and determined no crime had been committed.

The embassy didn't immediately respond to a request for comment.

THE ASSOCIATED PRESS



Good, clean horseplay

Jambo, bottom, a male zebra born last December, plays with his mother as he enjoys the outdoor enclosure while shown to public for the first time at the zoo in Wuppertal, Germany, on Wednesday.

FRANK AUGSTEIN/THE ASSOCIATED PRESS

Sequim, Washington

Kidnapping faked

A minivan with two masked men pulled up to a Washington park and one man jumped out, grabbed a toddler and took off. He was the boy's father. He later returned and explained he was creating a video for social media on child-abduction prevention and awareness.

Police arrived while filmmakers apologized to irate witnesses. They are investigating possible charges.

THE ASSOCIATED PRESS

Equal under the claw

Wait — that toddler isn't a plush toy!

A toddler has been reunited with his mother after employees found him playing with toys inside a claw crane machine at a bowling alley across the street from his home.

A representative from the vending machine company let him out unhurt and returned him to his mom. THE ASSOCIATED PRESS



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Gay rights. Group urges IOC to rule out future Olympic host cities with discriminatory laws

More than 100,000 members of an international gay rights group have sent messages to the IOC urging changes to ensure that future Olympic host countries do not have discriminatory laws on their books.

The group All Out reiterated its call on the International Olympic Committee to overhaul its selection process, citing the controversy that surrounded the Winter Games in Sochi over Russia's gay "propaganda" laws.

All Out says it delivered its message before Tuesday's deadline for public submissions on "Olympic Agenda 2020," IOC

president Thomas Bach's project for reforms that will be voted on in December in Monaco.

All Out says more than 74,000 members signed a petition delivered to the IOC and another 41,000 sent their own messages.

The group wants the IOC to require that host countries have no discriminatory laws in place and future host city contracts include human rights pledges. It also urges the IOC to amend a clause in the Olympic Charter to specifically prohibit discrimination based on sexual orientation or identity.

THE ASSOCIATED PRESS

Bosnians come see family unearthed from mass grave



Bosnian woman Denisa Hegic looks at remains of her family members in Sejkovaca identification center, near the Bosnian town of Sanski Most, 260 kilometres northwest of Sarajevo on Wednesday. AMEL EMRIC/THE ASSOCIATED PRESS

Mourners' statements will help prosecute. Former Bosnian Serb Gen. Ratko Mladic is being tried on war-crimes charges

Denisa Hegic pulled her scarf around her nose to guard against the stench, and drew back the plastic shroud. Shaking, she reached down to touch her mother's skull, and caressed it.

The last time she touched her mother she was bleeding on the floor of the family home, slain by Bosnian Serb soldiers storming their tiny village in northwestern Bosnia. On Wednesday, mother and daughter were reunited in a cavernous building used to house the remains of victims newly excavated from the mass grave in Tomasica, 200 kilometres northwest of Sarajevo.

"I found her body," she said. Hegic's experience is being repeated this week by many survivors of Bosnia's 1992-1995

war, as experts begin allowing families to view the remains meticulously pulled from the earth and identified through DNA analysis. Hundreds of families are expected to make the sad pilgrimage to see the dead.

So far, 430 victims were found in the Tomasica grave, a vast pit 10 metres deep and covering 5,000 square metres. The pit contains victims of Bosnian Serb military units who killed Muslim Bosniaks and Roman Catholic Croats in hopes of creating an ethnically pure region.

Many believe more people were originally buried there. Diaries confiscated from former Bosnian Serb Gen. Ratko Mladic suggest that some of the bodies in the Tomasica pit were dug up and moved, which now complicates efforts to identify the dead.

But some progress has been made. Family members coming to view remains are also offering statements to local prosecutors to assist in efforts to prosecute Mladic, who is being tried on war crimes charges at the UN tribunal in the Netherlands. THE ASSOCIATED PRESS

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Tensions intensify in east Ukraine

Sloviansk. Central government further marginalized after latest incursion

A column of armoured vehicles flying Russian flags drove into a Ukrainian city controlled by pro-Russian insurgents Wednesday, dampening the central government's hopes of re-establishing control over restive eastern Ukraine.

Still, it was far from clear just who these mostly masked men were and what their presence meant for eastern Ukraine, which has seen a surge of support for closer ties with Russia and against the new government in Kyiv, which wants closer links to Europe.

Insurgents in the city of Sloviansk last weekend seized the police headquarters and the administration building, demanding broader autonomy for eastern Ukraine and closer ties with Russia. One of the men on the vehicles, who identified himself only as Andrei, said the unit was part of Ukraine's 25th



Soldiers of the Ukrainian Army sit atop combat vehicles as they are blocked by people on their way to the town of Kramatorsk on Wednesday. The central government has been unable to rein in the pro-Russian forces, who it says are demanding broader autonomy and closer ties with Russia. EFREM LUKATSKY/THE ASSOCIATED PRESS

Brigade of Airborne Forces and that they had switched to the pro-Russian side. The military insisted the armed men seen on APCs in Sloviansk were not Ukrainian forces.

In Sloviansk, a city 160 kilometres from the Russian border, the armoured vehicles stopped near a government building and flew Russian flags while residents chanted "Good

job! Good job!"

"We will never allow the fascist Kyiv authorities to come here," said Andrei Bondar, 32, a Sloviansk resident.

But Tetyana Kustova, a

35-year-old sales clerk, was appalled by the unrest. "They are pushing us toward Russia," she said. "They are tearing Ukraine into pieces."

THE ASSOCIATED PRESS

'Different assessments'

World reacts to the crisis

German Chancellor Angela Merkel called Russian President Vladimir Putin to discuss the events in Ukraine and preparations for diplomatic talks in Geneva on Thursday.

The Kremlin said Putin told Merkel that the escalation of the conflict places Ukraine "on the verge of a civil war." Merkel's office said she and Putin had "different assessments" of the events.

NATO Secretary General Anders Fogh Rasmussen said NATO aircraft will fly more sorties over the Baltic region and allied ships will deploy to the Baltic Sea, the Mediterranean and elsewhere. Western nations fear that Moscow will use unrest in eastern Ukraine as a pretext for a military invasion. THE ASSOCIATED PRESS

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Calgary still in shock day after horrific murders

Ernie Hagel has had plenty of experience with death during his 43 years as a funeral director, but he's struggling to deal with the loss of one of his promising young employees.

Jordan Segura was one of five young people stabbed to death at a house party in Calgary early Tuesday morning. He had worked for McGinnis and Holloway Funeral Homes in the city over the last year.

"Our staff are devastated," Hagel said Wednesday. "We've tried to deal with this, but when it hits home it hits hard. If it doesn't, it's time to get out of the funeral business."

Segura was attacked along with Zackariah Rathwell, Josh Hunter, Lawrence Hong and Kaiti Perras. All were in their 20s. All were at a party marking the end of classes at the University of Calgary.

Quoted

"When it's this random and this unpredictable, that's the part that unsettles everybody."

Calgary police Chief Rick Hanson

Matthew de Grood, 22, has been charged with five counts of first-degree murder, and has been transferred to a Calgary psychiatric facility. Lawyer Allan Fay said a justice of the peace ordered his client to receive a psychiatric assessment. Fay said he has spoken to his client, and de Grood was doing as well as could be expected.

"He was lucid, at least he seemed lucid to me. He seemed to understand what was going on to the best of

someone's abilities," Fay said. "It's going to be a very difficult case indeed."

Police were still trying to determine a motive for the bizarre attack, saying it appeared the suspect hadn't been drinking or doing drugs.

Chief Rick Hanson said everyone seems to be puzzled.

"I know every parent out there is looking for that piece. How can I go to bed tonight knowing that's not going to happen to my kid?" Hanson told a Calgary radio station.

The Calgary home where the attack took place was surrounded with police tape Wednesday and the street remained closed. Flowers were piled under a tree in a makeshift memorial. There were also hand-scrawled notes and a candle paying tribute to the dead. **THE CANADIAN PRESS**



Women cry and hug beside a makeshift memorial near the scene of the multiple fatal stabbings in Calgary on Wednesday. LARRY MACDOUGAL/THE CANADIAN PRESS

Political players of all stripes bid farewell to Flaherty



Christine Elliott is escorted by her son Galen as they follow the casket bearing their husband and father, Jim Flaherty, following his state funeral in Toronto on Wednesday. CHRIS YOUNG/THE CANADIAN PRESS

State funeral. Harper opens the proceedings with personal tribute to late finance minister

A gallery of political luminaries from all sides of the partisan divide gathered at a cavernous Toronto cathedral Wednesday to set aside their differences and pay final respects to former finance minister Jim Flaherty.

Mourners donned green scarves, a tribute to Flaherty's Irish heritage, inside St. James Cathedral as they celebrated the diminutive, combative politician, who died of a heart attack last week at the age of 64.

Prime Minister Stephen Harper began the proceedings with a personal tribute to his

longtime political confidante.

Directly addressing Flaherty's wife, Christine Elliott, and the couple's triplet sons, Harper said, "We have lost a partner in politics, but you have lost a partner in life."

Harper kept his composure throughout most of what turned out to be a cheerful, lighthearted look back on the time he and Flaherty shared together in power on Parliament Hill.

"Occasionally, I imposed a final decision," Harper said of their periodic cabinet-table disputes.

"Occasionally I decided he was probably right. And occasionally, I decided he was wrong, but let him have his way because I just got so damn tired of arguing with him."

But as Harper's eulogy ended, he had to compose himself

as he described the day he accepted Flaherty's resignation.

"I told Jim that he had truly been over these eight years, in my judgment, the best finance minister in the world, if not indeed the best in our history," Harper said.

"I also wished him well in his next career ... and I told him not to be a stranger."

Liberal Leader Justin Trudeau, NDP Leader Tom Mulcair and former prime ministers Brian Mulroney, Kim Campbell and John Turner were among those on hand for the funeral, alongside federal cabinet ministers including John Baird, Peter MacKay and Chris Alexander.

Flaherty's state funeral is the first such honour since 2011, when former NDP leader Jack Layton was laid to rest.

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Eastern Canada wades through deep waters

Keegan Worden, left, and David Clement check on a flooded Tim Hortons location in Sussex, N.B. Rain, melting snow and ice-choked rivers forced waters to rise in parts of Eastern Canada on Wednesday. Roads were submerged, basements filled and power knocked out as people were warned to prepare. High water levels have also triggered emergencies in Centre Hastings and Tweed in eastern Ontario. DAVID SMITH/THE CANADIAN PRESS

Exploiting CRA bug was an easy feat, expert says

Heartbleed. Exploiting vulnerabilities in websites can be easily learned: Tech analyst

A London, Ont., teen accused of stealing social insurance numbers from the Canada Revenue Agency website may be just one of many hackers who took advantage of the Heartbleed encryption bug.

"This won't be the last that you hear of it," said London, Ont.-based tech analyst Carmi Levy. "Obviously, this is a CRA announcement, but we will hear similar announcements from other systems."

The RCMP announced Wednesday that Stephen Solis-Reyes, 19, a student at Western University, had been arrested and charged after police searched his London home and

The charges



Solis-Reyes

Solis-Reyes is charged with unauthorized use of a computer and mischief in relation to data, both punishable by up to 10 years in prison.

seized computer equipment.

The CRA shut down its website last week after concerns about a security flaw in encryption software. Officials announced Monday that 900 social insurance numbers were stolen during the breach.

Levy said there's a huge and hungry appetite for stolen personal information such as social insurance numbers and that learning how to breach

a vulnerable website is easily done with a simple Google search.

"It's available online to anyone curious enough to go looking for it," he said. "It's like looking for bomb-making instructions. Anyone who's adept with Google can easily find them."

Solis-Reyes appears to be highly adept. He is listed as a member of the school's Robotics Club, the Programming Club and the Robotics Challenge team. He was also part of the team that was city champions in the ECOO (Educational Computing Organization of Ontario) Programming contest.

Solis-Reyes is scheduled for a July 17 court appearance in Ottawa.

The investigation is ongoing, police said.

SCOTT TAYLOR/METRO IN LONDON, WITH FILES FROM MIKE DONACHIE



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U.S. gun-control advocates soften their goals

Election season.

Senator hopes to add convicted stalkers to the list of criminals barred from getting guns

Democratic worries about this November's elections, a lack of Senate votes and House opposition are forcing congressional gun-control supporters to significantly winnow their 2014 agenda, a year after lawmakers scuttled President Barack Obama's effort to pass new curbs on firearms.

Senate Majority Leader Harry Reid, a Democrat, recently said he needs additional votes before revisiting a proposed expansion of gun sale background checks that the Senate derailed last April. That has left advocates of tighter gun curbs hoping Reid will allow votes on more modest proposals, such as one by Sen. Amy

Klobuchar, a Democrat, to add convicted stalkers to the list of criminals barred from acquiring guns.

But with Reid wary of exposing Democratic senators facing tight re-election contests in some conservative and Western states to politically risky votes — and the Republican-run House showing no appetite to restrict guns anyway — people aren't holding their breath waiting for proposed gun restrictions to reach the Senate floor before Election Day.

"This kind of change doesn't happen overnight," said Dan Gross, president of the Brady Campaign to Prevent Gun Violence. "There are obviously a lot of other considerations and variables in play here, like elections."

Klobuchar's bill on stalkers would play into Democrats' campaign-season theme of pushing legislation that appeals to women, a key Democratic voting bloc. **THE ASSOCIATED PRESS**



Filipino policemen observe Lent

Filipino policemen carry wooden crosses to reenact the suffering of Jesus Christ as part of their observance of Lent along a road in suburban Quezon city, north of Manila, Philippines, during Holy Wednesday. Devotees practice different religious rites to atone for their sins and pray for more blessings during the Holy Week in this predominantly Roman Catholic country. **AARON FAVILA/THE ASSOCIATED PRESS**

Marathon bombing

No evidence suspect knew of brother's role

Federal prosecutors have told a judge they have no evidence that Boston Marathon bombing suspect Dzhokhar Tsarnaev knew about his brother's alleged role in a triple slaying in Waltham, Mass. two years before the bombings.

THE ASSOCIATED PRESS

Backpack blunder

Boston arrest leads to psych ward

The man arrested near the Boston Marathon finish line carrying a backpack containing a rice cooker on the anniversary of the bombings was sent to a state psychiatric facility for an evaluation Wednesday following his initial court appearance. Kevin "Kayvon" Edson, 25, was sent to Bridgewater State Hospital and ordered held on \$100,000 bail.

THE ASSOCIATED PRESS

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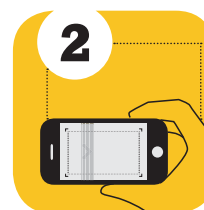
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'Do you see me?'

A poem from former sex trade worker "Julie," provided by the Centre to End All Sexual Exploitation.

I work at the massage parlour you go to. Do you see me?

You come in and I catch a glance of you. I think I know you. I quickly run to the back room. Do you see me?

I check the camera. I don't recognize you, so I get ready to greet you with the other girls. We meet and you look at me leeringly. I tell you my fake name. I'm apprehensive. Do you see me?

I smile and exit before the next girl introduces herself. You tell her you want a session with me. She calls me back and appears upset that you chose me. She intimidates me and I'm scared of her. Do you see me?

We enter the room and you tell me you don't quite have the amount of money I quoted and ask for a 'deal.' I oblige. I feel cheapened. Do you see me?

I start to take my clothes off for you. I'm uncomfortable. I'm ashamed. Do you see me?

You start touching me and my skin starts to crawl. I feel myself pull away for a moment. Do you see me?

You ask if I enjoy what you are doing to me. I smile and say I do even though it's a lie. Do you see me?

You finish and tell me that you had a great time. I say I did too. Another lie. Do you see me?

You ask if I genuinely like my job. I tell you I love my job. I'm lying again. Do you see me?

You tell me you will come back and visit me again. I force a smile but I am dreading that day. Do you see me?

As you exit the parlour, I get tears welling up in my eyes. I feel objectified, dehumanized. Do you see me?

You leave and I prepare to meet the next guy who is already waiting, all the while wondering, Did you see ME?

Don't buy women, Don't buy the lie.

Last December, the Supreme Court of Canada ruled unanimously that the country's prostitution laws are unconstitutional. The federal government was given a year to decide next steps. In the meantime, "red lights" across the country are operating in a grey zone, as sex workers, local governments and the public wait to see what will happen.



TAKING AIM AT TRAFFICKING

For the final day of our three-part series, Metro Canada speaks with police, counsellors and anti-exploitation advocates working on the front lines to try to ensure body rub workers in Edmonton have the proper abuse-prevention resources available. They all admit it's hard to pin down the number of criminal acts being committed on a daily basis due to the secretive nature of the sex industry



**LEAH
GERMAIN**
Metro in Edmonton

For Edmonton police Det. Steve Horchuk, building trust is the cornerstone of his job, especially when it comes to working with women at body rub parlours. The city's regulated parlours make up the

largest and most consistent group of sex workers in Alberta's capital, he says.

Working with his fellow officers on the Edmonton Police Service vice unit, Horchuk's days are spent building bonds, breaking down barriers and offering sex workers an outlet to talk about abuse or exploitation.

"We are looking for human trafficking. We are looking for underage girls and women getting ushered into the business," Horchuk says in a matter-of-fact tone. "Any sort of oppressive environment."

He said the reason for relationship building is simple: By educating sex workers about the risks involved in the industry, women can start to distinguish what's criminal and what's not.

Waiting for the other shoe to drop

"As education and awareness increase, I think we are going to see more reports of human trafficking in general."

ACT Alberta executive director Andrea Burkhart

"Sex workers will often deal with it on their own, without realizing they're being victimized," Horchuk says, adding it's almost impossible to know precisely how much crime or abuse might be happening at body rub parlours.

"We think, anecdotally from the women disclosing how many customers try and force anal intercourse, or try and force no contraception or they get rough and punch, choke or do things that are

not consensual, that happens quite frequently."

Andrea Burkhart, executive director of ACT Alberta — an advocacy group that works with police and other local stakeholders to address human trafficking — is also committed to building trust with potential victims of the sex industry, particularly human trafficking.

"It's very hard to see human trafficking at first glance," Burkhart said.

"People who've been trafficked often don't self-identify and (they) deny they've been trafficked."

While experts are unable to pin down the number of times women are trafficked into the sex industry through body rub parlours, Burkhart said building trust between sex workers and law enforcement is the first step to identifying the problem.

"There is still a lot that needs to be uncovered," she said. "As education and awareness increase, I think we are going to see more reports of human trafficking in general."

"We are hopeful those who have been trafficked in massage parlours know there is assistance for them should they come forward and seek help."



In a parlour or on the street, 'it is still sexual exploitation'

Hidden victims. Despite regulations, abuse and exploitation still prevalent at body rub parlours, former vice detective says

LEAH GERMAIN
Metro in Edmonton

When it comes to the economics of body rub parlours, many sex workers advocate that it's time to stop thinking of them as a commodity and address the issue of supply and demand.

"At the core, it's a women's equality issue and a poverty issue," said Kate Quinn, the executive director for the Centre to End All Sexual Exploitation in Edmonton.

Working with sex workers on a daily basis, Quinn said one of the greatest issues facing the sex industry is a living wage for women. "When there is no livable wage option, women turn to the commercial sex industry and that's what we need to change," she said.

Acknowledging the struggles on the supply side of the equation — the women in the industry — Quinn said the impact body rub parlours have on demand — those paying for their services — is often overlooked.

"Women I have worked with in the commercial sex industry have said 90 per cent of their customers were married men, that money paid to those women came from their family



Advocates say it's time to stop thinking about sex workers as a commodity. ISTOCK

economy," Quinn said.

"We never talk about the buyer's side. We never talk about the hidden victims — the buyer's family, children."

Like Quinn, JoAnn McCartney, a former Edmonton Police Services vice detective and current anti-prostitution advocate and counsellor, said even though body rub parlours are largely regulated, exploitation and abuse is an ongoing issue for sex workers.

From her own experiences

visiting parlours as a police officer, and from stories shared with her by body rub workers, McCartney said she sees very little differentiation between street sex workers and women working in parlours.

"The women working in there think they are different from street prostitutes," said McCartney.

"They believe they are a step up. I don't think they are any better or worse. It is still sexual exploitation."

John says ...

Oil worker cuts out 'girlfriend bulls-t' in favour of massage parlours

Oil-rig work keeps John away from Edmonton for two to three weeks at a time. It also makes it pretty difficult for him to keep a steady girl back in the city, he says. As an alternative, the 34-year-old turns to massage parlours.

"It's hard for women to stay faithful. Every girlfriend I've had has cheated on me while I've gone to work. So basically I cut the whole girlfriend bulls-t out," he said.

Three years ago, John met Roxy (a body rub parlour worker Metro featured in Part 1 of this series). Every three weeks, when he was back in the city, John would drop by the parlour where she works.

The two eventually became friends, so they ended the working relationship and John now visits other parlours in the city, spending about \$260 to \$300 an hour to "stay" with a woman. He said it is cheaper than date night.

"By the time you take a girl out on a date just to get some a-, you're looking at spending just about the same," he said.

John said he plans to stop visiting massage parlours once he is in a steady relationship.

Editor's note: John's name has been changed to protect his identity.

STEPHANIE DUBOIS/METRO IN EDMONTON

Your voice

What you had to say about this series

Metro readers had a lot to say about our three-part series on body rub parlours. Here is a selection of some of the comments posted on our website:

There are many people who don't have a lot of money, but they go out and work 2-3 jobs to make ends meet. Giving your body to be used by a complete stranger is not working, it's called prostitution no matter how you may try to word it. It not only puts the prostitute at risk of violence or disease, but most importantly it puts the married men at risk of bringing home those diseases to their innocent wives as well as destroying marriages when they are caught. They should not be legal/licensed anywhere in Canada. **CommonSense**

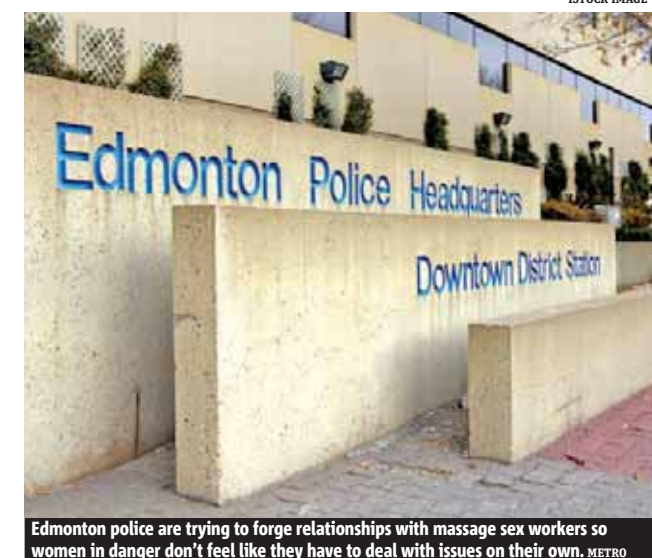
The best solution is to legalize prostitution so you go to a regulated brothel for sex and a massage therapist for injury related massage. **Annoyed**

Seems to me Canadians have set most of the prudishness aside, and realize that the sex trade cannot be stopped, but can only be driven underground ... I look forward to the day when we will look upon a normal, and potentially exciting, sexual encounter, as we now look forward to a lovely dinner at a fine restaurant. Why shouldn't one treat themselves to something new and exciting? **Awfulorv**

This career does not put married men at risk of anything; that is the married man's choice, not the sex worker's. That line of thinking is the same as people who blame rape victims for "dressing provocatively," as if men are some out-of-control animals who only rely on base instincts. If someone is OK with, or even enjoys sharing a sexual experience with others for money, that is their business, not yours. Don't like it? Don't participate in it. Simple as that. **Kakkoi**

Get caught up

If you missed any part of Metro Canada's three-day series, visit metronews.ca/features/massage-parlours for all our features, along with additional content only available online.



Edmonton police are trying to forge relationships with massage sex workers so women in danger don't feel like they have to deal with issues on their own. METRO

Bitcoin exchange fall. Mt. Gox customers not likely to get money back

The Mt. Gox bitcoin exchange in Tokyo is headed for liquidation after a court rejected its bankruptcy protection application.

Mt. Gox said Wednesday the Tokyo District Court decided the company, which was a trading platform and storehouse for the Bitcoin virtual currency, would not be able to resurrect itself under a business rehabilitation process filed for in February.

An administrator will try to sell the company's assets, and many creditors, including those who had bitcoins with the exchange, are unlikely to get any money back.

After Mt. Gox went offline in February, its CEO Mark Karpeles said 850,000 bitcoins worth several hundred mil-

lion dollars were unaccounted for, blaming a weakness in the exchange's systems.

Later, Mt. Gox found 200,000 of the bitcoins, changing the estimate for the lost virtual currency to 650,000 bitcoins, although the exact amount is still under investigation. Mt. Gox has suggested the bitcoins were stolen. The company has not been able to confirm the bitcoin balances of its users.

Bitcoins were created in 2009 by a mysterious figure or group known as Satoshi Nakamoto and are used for transactions across borders without third parties such as banks. They have also become an investment craze.

THE ASSOCIATED PRESS

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We are known for our love of hockey and Tim Hortons coffee — now we can add tablets to the list. More than 42 per cent of anglophone Canadians now have a tablet, and many of us have chosen an iPad, a new survey says. JUSTIN SULLIVAN/GETTY IMAGES

Is Apple's iPad as Canadian as maple pie?

A new survey, eh? 1
in 4 Canucks now own
a tablet, with many
opting for an iPad

More than 42 per cent of anglophone Canadians now own a tablet and most are increasingly choosing one of Apple's iPads, suggests a report by the Media Technology Monitor.

Tablet ownership spiked by about 66 per cent between 2012 and 2013, according to the results of a MTM survey conducted with 4,009 Canadians between Oct. 7 and Dec. 1 of last year.

In the fall of 2012, about one in four anglophone Canadians told pollsters they had one of the gadgets, while a similar survey conducted in the fall of 2011 found just one in 10 were

Use
88%

Overall, the tablet users surveyed typically said they used their device to go online (88 per cent), browse the web (80 per cent) and use email (65 per cent). About half said they used their tablet for social networking, watching video and reading news.

tablet owners.

Apple's iPads account for about two-thirds of the tablets Canadians own, MTM's newest report suggests, while BlackBerry's PlayBook and Samsung's Galaxy Tab devices have a 10 per cent share of the market each. Apple's hold of the market has consistently grown in MTM's polls while the other brands have stagnated.

The polling numbers also seem to suggest that while tablets are now more commonly found in Canadian

households, they're being used a little less often.

In the spring of 2011, 46 per cent of tablet owners said they used their tech toy several times a day, 25 per cent said they used it at least once a day, and 16 per cent said they used it once a week.

Last spring, only 38 per cent were using theirs several times a day, 24 per cent said it turned on at least once a day, and nine per cent said they picked it up once a week at least.

Not surprisingly, MTM found consumers with higher incomes were far more likely to have bought a tablet. Almost 80 per cent of anglophone consumers with a household income above \$200,000 had a tablet, as did 66 per cent of those with a household income between \$150,000 and \$199,999.

THE CANADIAN PRESS

America

Smartphones to get 'kill switch'

A trade group for wireless providers in the U.S. says that the biggest mobile device manufacturers and carriers will soon put anti-theft tools on the gadgets to try to deter rampant smartphone theft.

THE ASSOCIATED PRESS

Stephen Poloz

BoC head won't rule out future interest rate cuts

Bank of Canada governor Stephen Poloz says he has not ruled out a future cut to interest rates despite evidence disinflationary pressures appear to be waning and his belief that the global and Canadian recoveries are picking up steam. THE CANADIAN PRESS

Market Minute

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IT'S NOT YOU, IT'S THE PLAYOFFS

By the time you read this, my love, I may already be in sudden death.

We've grown close these first few months together, but as my girlfriend I think it's only fair you know there's a side of me you haven't seen before — a dark side, an off side. It's time for the NHL playoffs.

I'm so sorry.

If you're reading this, you probably already know what I mean. Maybe you've picked up this column during a game because you've given up on speaking to me directly.

You speak, but I respond with only an icy stare in the direction of sudden-death overtime.

You step in front of the screen, and I leeeee-an around you, possibly rousing myself long enough to mumble the old family chestnut about making "a better door than a window."

You try to ask about Don Cherry's wardrobe, but I've plugged my fingers into my ears and curled into the fetal position until he's done explaining that the forwards should cover the points.

But don't fret. I believe in us. Or, to be more specific, I believe you have what it takes to put up with me. You've proven it before.

We went to see a Raptors basketball game together, and you provided the insightful colour commentary that only fresh eyes can deliver: "They score a lot in basketball!" And you showed a true understanding of the heart of basketball (really), when you said, "It's taken them 10 minutes to play the final 36 seconds."

We watched the Raptors lose, though they won their division because the team chasing them lost in a simultaneous game. You got the headline "Raptors win" and declared, "I don't think I understand basketball," and it was just about the cutest thing ever.

And, recently, your roommate wished me "Good luck" for the hockey playoffs, and you were confused because I don't

actually play for the Boston Bruins, even if my apartment has more B's paraphernalia than their team bus. You chuckled and insinuated that I somehow have no impact on the result of the game.

That's nonsense, of course. Anybody who's ever helped their kid eat by opening their own mouth, or helped a pilot land an airplane by staring out the window, knows the vital role I play.

But I'm not asking you to understand. You don't even have to like it. You just have to understand that I like it.

So, my sincerest apologies, my love. I'll make it up to you, and I don't need anything from you. You don't need to know your icing from your elbowing penalty. You just need to know I'll be in my Cups just a little while longer, and then I'm yours.

I know I'm risking heartbreak and loss over these two months, but that's hockey!

Sincerely,
John

P.S. Thanks for being such a good sport. I'm a fan of those.



HE SAYS
John Mazerolle
metronews.ca

ZOOM

Dog days of prosthetics



Pooch saved from foreclosed home

Naki'o, a red heeler mix breed, has received four prosthetic limbs in Denver, Colo. Naki'o was found in the cellar of a Nebraska foreclosed home with all four legs and its tail frozen in puddles of water-turned-ice. What frostbite didn't do, a surgeon did, amputating all four legs and giving him four prosthetics. **THE ASSOCIATED PRESS**

Two-legged dog vid

- A nine-month-old boxer named Duncan barrelled down a beach in Oregon, running full tilt on soft sand into YouTube history and showing more than four million viewers he can revel in a good romp despite lacking back legs.

More Paw-sibilities

More veterinarians are using wheelchairs, orthotics and prosthetics to improve the lives of dogs that have lost limbs to deformity, infection or accident, experts say. There have also been great strides in technology to keep up with U.S. soldiers returning wounded from war, and veterinarians have adapted the materials and know-how for the rising demand from clients.

THE ASSOCIATED PRESS

LINDSEY MLADIVINICH/ORTHOPEDS/THE ASSOCIATED PRESS

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MetroTube

Selfies suffer a huge blow to the head



ANDREW FIFE
metronews.ca

Selfie has had a tough time since the heady days of 2013 when it was blessed with Word Of The Year status by Oxford Dictionaries. First, its definition was rudely changed to "here's a photo of me surrounded by mob of grinning faces." And, it's also become shorthand for Samsung PR stunt. Now this: A young man can't even take a well-groomed selfie in a situation of highly questionable safety without getting a rude boot to the head from a train engineer — a lesson in self-preservation that comes with an ironic dash of danger. (Via Jared Michael)



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Fine family films for Easter

Reel Guys

RICHARD CROUSE AND MARK BRESLIN



The Lego Movie is one of the best movies out this year — for kids and adults. CONTRIBUTED

Long weekend entertainment. The Reel Guys list their picks for flicks that delight both parents and kids

Richard: Mark, if you're planning to take the kids out to the movies this weekend, there are two recent family flicks that deserve to be seen on the big screen. The Lego Movie is possibly the weirdest, most psychedelic kid's entertainment since H.R. Pufnstuf, but it is also one of the best films of the year so far, kid's movie or not. Then there is Mr. Peabody & Sherman, a big animated film inspired by a time travelling seg-

ment from the TV show Rocky and His Friends. It's the only kid's movie with an Oedipal joke and the kind of children's movie that I think parents and kids will enjoy, but probably for completely different reasons.

Mark: Richard, so far The Lego Movie is the most exciting movie of the year, family or otherwise, but it should be noted that it, too, has a strong Oedipal theme in it. As a father of a three-year-old, I'm never quite sure what family entertainment means; what's appropriate for my little boy is different than what might entertain an eight-year-old. Pretty much anything animated works for all ages, but then it gets complicated. And gender plays a role in choosing the right flick, too.

Young girls love The Wizard of Oz, but young boys, not so much. But you never know. My little one loves Frozen, just out on DVD, even though it might seem "girly" to some.

RC: People love Frozen. I'm not one of them, but there is no arguing with the success of that movie. I'm more on side with Despicable Me II, which I thought was great fun despite its predictable plot. The story of chrome-domed former bad guy Gru's (Steve Carell) working with the Anti-Villain League could have written itself, but the inventive gags contained within are the reason the whole family will enjoy the movie. There are lots of fun characters, but it's really all about the Minions — Gru's yellow, jelly-bean-

shaped helpers — who spice things up with their own special kind of anarchy. Speaking in gibberish, they're fun and more than worth the rental.

MB: Despicable Me II is a treat but my little guy deemed it "too scary". But I look forward to a family viewing of E.T. — the greatest family movie ever. Young or old, boys or girls, who doesn't love the tale of that lovable little alien? Also on my eventual DVD queue would be Gremlins and even Home Alone. Kids love movies with kid heroes.

RC: Speaking of kid heroes, the adaptation of the classic Maurice Sendak children's book Where the Wild Things Are isn't a movie for kids as much

Synopsis

After enjoying big Easter and Passover meals, the Reel Guys like to treat the family to a good movie. Because there are as many different kinds of family movies as there are colours on the most psychedelic Ukrainian Easter egg, this week the guys have a look at their favourites. From the big screen to rentals for the small screen they choose movies that will put an extra hop in your step this weekend.

as it is a movie about being a kid. Max is the hero, a lonely kid who goes to where the wild things are. It's a slow moving, simple film about deep feelings. It's not a slick, brightly coloured kid's film with a connect-the-dots plot and an easily digested moral, but it is a magical movie.

MB: I never got the appeal of the movie or the book, but maybe I've been missing something. But here's an idea: Sit down with the family and watch A Hard Day's Night. Everyone loves The Beatles, and this is the pop group in full cheeky-cute mode. Their rock songs from 1964 sound a lot like kids music today, with their melodic hooks and innocent lyrics.

2 SCENE

TOP SIX @ 6
Weeknights at 6 KB counts down the HOTTEST songs of the day

- 6 John Legend All Of Me
- 5 Down With Webster Chills
- 4 Demi Lovato Neon Lights
- 3 Pharrell Williams Happy
- 2 Avicii Hey Brother
- 1 Jason Derulo ft 2 Chains Talk Dirty

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Documentary



Bears

Director. Keith Scholey, Alastair Fothergill

Stars. John C. Reilly

In an epic story of breathtaking scale, DisneyNature's new True Life Adventure Bears showcases a year in the life of a bear family as two impressionable young cubs are taught life's most important lessons. Set against a majestic Alaskan backdrop teeming with life, their journey begins as winter comes to an end and the bears emerge from hibernation to face the bitter cold.

Rotten Tomatoes™ score
Critics: Audience:
No reviews yet + 89%

Comedy



The Trailer Park Boys: Don't Legalize It

Director. Mike Clattenburg

Stars. John Paul Tremblay, Mike Smith, Robb Wells

The Trailer Park Boys are back. But these are tough times for Ricky, Julian, and Bubbles, and for everyone in Sunnyvale Trailer Park.

Rotten Tomatoes™ score
Critics: Audience:
No reviews yet +

Drama/Romance



The Lunchbox

Director. Ritesh Batra

Stars. Irfan Khan, Nimrat Kaur

Housewife Ila wants to add some spice to her marriage through her cooking, so she prepares a lunchbox to be delivered to her husband at work, but it's mistakenly delivered to another worker, Saajan, a lonely man on the verge of retirement. Curious about the lack of reaction from her husband, Ila puts a little note in the following day's lunchbox, in the hopes of getting to the bottom of the mystery, which begins a series of lunchbox notes between Saajan and Ila.

Rotten Tomatoes™ score
Critics: Audience:
93% 86%

Sci-Fi Thriller



Transcendence

Director. Wally Pfister

Stars. Johnny Depp

Dr. Will Caster (Johnny Depp) is the foremost researcher in the field of Artificial Intelligence, working to create a sentient machine that combines the collective intelligence of everything ever known with the full range of human emotions. His highly controversial experiments have made him famous, but they have also made him the prime target of anti-technology extremists who will do whatever it takes to stop him.

Rotten Tomatoes™ score
Critics: Audience:
No reviews yet + 98%

Drama/Horror



Oculus

Director. Mike Flanagan

Stars. Karen Gillan, Brenton Thwaites

Ten years ago, tragedy struck the Russell family, leaving the lives of teen siblings Tim and Kaylie forever changed when Tim was convicted of the brutal murder of their parents. Now in his 20s, Tim is newly released from protective custody and wants to move on with his life; but Kaylie is convinced her parents' deaths were caused by something else altogether: a malevolent supernatural force unleashed through the Lasser Glass, an antique mirror in their childhood home.

Rotten Tomatoes™ score
Critics: Audience:
89% + 94%

Comedy



A Haunted House 2

Director. Marlon Wayans

Stars. Marlon Wayans

Crossing new lines and breaking old barriers, A Haunted House 2 is the sequel to the hilarious box-office hit starring Marlon Wayans as Malcolm who, after exorcising the demons of his ex, is starting fresh with his new girlfriend and her two children. After moving into their dream home, Malcolm is once again plagued by bizarre paranormal events.

Rotten Tomatoes™ score
Critics: Audience:
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Photo by Timothy Richard

When games turn into nightmares



Stress Position is about two friends who decide to batter each other into submission using non-violent torture. CONTRIBUTED

Stress Position. Canadian filmmaker's genre-bending piece is a psychological trip

CHRIS ALEXANDER
scene@metronews.ca

Make no mistake, writer/director/actor A.J. Bond's *Stress Position* is a genre film like no other, especially considering it doesn't quite fit comfortably into any genre at all. The dark as moonless night mock-doc Canadian feature tells the tale of two friends (played by David Amito and Bond himself) who inexplicably decide to launch a grim quest to batter the other into a state of submission using non-violent torture. What starts as a game, rapidly dissolves into the stuff nightmares are made of.

"I'd been doing research into Stasi interrogation techniques for a while as a general point of interest," notes Bond.

"I even explored the idea of doing a found-footage style period film designed to look like Soviet interrogation videos. I ultimately wanted to find a way to explore different psychological torture techniques from different eras in one project, includ-

ing the so-called 'Enhanced Interrogation Techniques' of the U.S. military post-9/11. From there, I wrote a loose outline of how the film might work, and *Stress Position* was born."

Stress Position more than lives up to its name, causing unbearable anxiety in the viewer by blending Ludovico-esque torment while blurring lines between fiction and truth to a disorienting effect. And underneath all the hideous and often blackly funny shenanigans lurks a potent parable about the vulgar ways in which people treat the people ostensibly closest to their hearts.

"When you get really close to someone, you expose your vulnerabilities and secrets, giving that person great power over you," says the multi-hyphenate filmmaker.

"There's incredible responsibility to being involved in any close relationship, and sometimes it's hard not to get corrupted into using that sensitive material to your advantage, to manipulate them with it. We all think we understand our friends' psychology so well, but there's a kind of violence that we do by subtly profiling each other. We build up a set of expectations and assumptions about our friends that can actually hold them back or hurt them. No one can make us feel as great as a close friend,

Quoted

"When you get really close to someone, you expose your vulnerabilities and secrets."

Stress Position filmmaker A.J. Bond

but also no one else can cut us down to size so quickly and efficiently."

And though *Stress Position* is not a horror film by definition, it is a film of many horrors and no matter your take on its subject, Bond should be lauded for breaking and defying conventions.

"I'm a genre fan, certainly," he insists.

"But I think some of the most interesting filmmakers are cleverly combining different genres' techniques to create new and unexpected hybrids. The big films that were on my mind as I approached filming included *A Clockwork Orange*, *Persona*, *Requiem for a Dream* and *Funny Games*, all difficult films to categorize to some extent, and each with degrees of horror and cult appeal. I think genre labels are useful when you want to toy with the structure of them, but sometimes it's exciting to freewheel in uncharted territory."

Directorial debut. Christopher Nolan's cinematographer steps out on his own



Wally Pfister and Johnny Depp team up to bring us *Transcendence* this weekend. CONTRIBUTED

For more than a decade, cinematographer Wally Pfister brought director Christopher Nolan's cinematic visions to life. Now, he's the one calling the shots.

His directorial debut, the new sci-fi mystery *Transcendence*, has many elements of a Nolan blockbuster: eye-popping visual effects, a mind-bending story and an A-list lead in Johnny Depp. All of those things translate into high expectations for Pfister, who jokingly likens his newly christened director's seat to an "electric chair."

In the film releasing Friday, the mind of Depp's terminally ill scientist, Will Caster, is uploaded into a computer after his death, spawning an eerily unruly

machine. At the heart of the story is the disrupted relationship of Will and his wife, Evelyn, played by Rebecca Hall.

Transcendence, which was executive-produced by Nolan and written by first-time screenwriter Jack Paglen, hooked Pfister because of the emotional weight put on the study of husband and wife and the increasing reliance on technology. "We start to wonder where it's all going to go," he says.

For his first directing gig, Pfister, who's worked on everything from *Memento* to *The Dark Knight Rises*, was swayed from doing a big action film.

"I'd done a lot as a cinematographer," he says. "What was important was telling some

sort of character-driven story. Exploring human emotion. That is the logical reason to jump from visual storytelling to narrative."

Nolan will also release a thought-provoking sci-fi film this year: the time-travel focused *Interstellar*, out in November. But Pfister assures he's not in competition with his long-time collaborator. "Chris is an old friend," he says. "He has been incredibly supportive of my move into this."

"Chris never came to the set," says camera operator Scott Sakamoto, who worked on both movies. "I think Chris let Wally take the reins and go with it to see how well he would do."

THE ASSOCIATED PRESS

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Japanese actor tackles dark history

The Railway Man.
Hiroyuki Sanada
confronts his
nation's past

Japanese-born actor Hiroyuki Sanada comes off last year's success of *The Wolverine* with a film taking a look at Japanese history. The film — which debuted at the Toronto International Film Festival last fall — is *The Railway Man*, about a former British POW (Colin Firth) who confronts one of his former captors (Sanada). It's a moment in Japanese history Sanada is not very proud of, but still an important one to examine, he insists. And this Christmas, he goes full samurai in Keanu Reeves' long-awaited *47 Ronin*.

The Railway Man takes on a contentious piece of history. It's a true story based on

the book from Eric Lomax. I didn't know those kinds of things happened because, especially in Japan, there's no education about that. Teachers never talk to students, even parents don't, and I thought that is a problem. I thought we must make this film now to tell the story for the next generation, to help make a more peaceful world and make sure something like this never happens again. And also for me it was important this role be played by a Japanese-born actor. It's a kind of mission, I felt.

Why do you think it isn't taught in Japan as much?

Because it's a story from during the war and a lot of bad things happened in the POW camps. That kind of thing, the people don't want to know. They don't want the world to know the story. But with a movie like this, it's a

chance for reconciliation, to say sorry and ask for forgiveness. Look back into your history and if you're wrong, say sorry and go the next steps together to create a better future. It's a small world.

How was working with Colin Firth?

It was a great experience. It was almost like just the two of us in a small room, just talking and talking. It was like we were on stage in a play. We created good chemistry from the beginning, but I'm not sure how. Maybe because he chose this role and I chose this role, we really had the same goal. Of course, he's a great actor.

You're also in Keanu Reeves' 47 Ronin, which is finally coming out this year.

Yes, finally. It will be released at Christmas. It's very exciting because he took a long time for



The Railway Man opens next Friday. CONTRIBUTED

post-production. I was involved with the movie almost three years ago, and finally I can see the movie and I can show it to audiences. I'm so curious about the world's reaction to it because it's based on a true story, the most famous revenge story in Japan, but with a lot of fantasy and

CGI action, almost like a samurai version of *The Lord of the Rings*.

Why do you think samurai stories continue to be so popular?

I think people think it's about the sword-fighting and that kind of thing, but the samurai spirit is more a

mentality thing. Especially now, there's still a lot of war and terrorism happening in the world, so we need this spirit of humbleness, respect and loyalty. I think people want to see something with that kind of mentality. The samurai is not just a fighter.

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THESE PAGES COVER MOVIE START TIMES FROM FRI., APR. 18 TO THURS., APR. 24. TIMES ARE SUBJECT TO CHANGE.

Bayers Lake 190 Chain Lake Dr.

Bad Words (14) Fri-Wed 5:45-8:10-10:30 Thu 5:45-8:10
Bears (STC) No Passes Fri 12-2:05-4:10-6:15-8:20-10:25 No Passes Sat 11:20-12-2:05-4:10-6:15-8:20-10:25 No Passes Sun-Tue 12-2:05-4:10-6:15-8:20-10:25 No Passes Wed 9:45-12-2:05-4:10-6:15-8:20-10:25 Star & Strollers Screening, No Passes Wed 11 No Passes Thu 12-2:05-4:10-6:15-8:20-10:25
Captain America: The Winter Soldier (PG) Fri-Thu 12:15-3:20-6:30-9:45
Captain America: The Winter Soldier 3D (PG) Fri-Thu 12:40-3:45-6:50-9:30-10
Divergent (PG) Fri-Thu 12:50-3:55-7:05-10:10
Draft Day (PG) Fri-Thu 12-2:30-5:10-8-10:40
Heaven Is for Real (G) No Passes Fri-Thu 12:20-2:50-5:20-7:50-10:20
Star & Strollers Screening, No Passes Wed 11
Hop (G) Sat 11
The LEGO Movie (G) Fri-Thu 1-3:25
Muppets Most Wanted (G) Fri 1:20-4 Sat 11-1:20-4 Sun-Thu 1:20-4
Need for Speed (PG) Fri-Wed 1:45-7:20 Thu 1
Noah (PG) Fri-Thu 1:05-4:05-7:10-10:10
Non-Stop (PG) Fri-Wed 4:50-10:35 Thu 4:05-10:35
Oculus (PG) Fri-Thu 12:25-3-5:30-8:05-10:45
The Other Woman (STC) No Passes Thu 10:20
The Raid 2: Berandal (STC) Fri-Tue 6:40-9:50 Wed 9:50 Thu 6:40-9:50
Rio 2 (STC) No Passes Fri 1:50-4:30-7 No Passes Sat 11:10-1:50-4:30-7 No Passes Sun-Thu 1:50-4:30-7
Rio 2 3D (STC) No Passes Fri 2:10-4:45-7:30-10:15 No Passes Sat 11:30-2:10-4:45-7:30-10:15 No Passes Sun-Thu 2:10-4:45-7:30-10:15
Trailer Park Boys: Don't Legalize It (STC) Fri-Thu 12:30-1-2:55-3:25-5:20-5:50-7:45-8:15-10:15-10:45
Transcendence (PG) No Passes Fri-Thu 1:30-4:20-7:10-10
Transcendence: The IMAX Experience (PG) No Passes Fri-Thu 2-4:50-7:40-10:30

Oxford Theatre 6408 Quinpool Rd.

The Grand Budapest Hotel (14) Fri-Sat 1:30-4:15-7-9:30 Sun 4:15-7-9:30 Mon 1:30-4:15-7-9:30 Tue 7-9:30 Wed 9:45 Thu 7-9:30
It Happened One Night (STC) Sun 1 Wed 7

Park Lane 5657 Spring Garden Rd.

Lower Sackville



Denis Leary, Frank Langella and Kevin Costner star in Draft Day. CONTRIBUTED

Captain America: The Winter Soldier 3D (PG) Fri-Mon 12:50-3:50-6:50-9:45 Tue-Thu 3:40-6:40-9:40
Draft Day (PG) Fri-Sun 1:30-4:15-7:20-10:10 Mon 1:30-4:15-7:15-9:55 Tue 4:15-7:20-10 Wed 4:15-7:20-9:50 Thu 4:15-9:50
God's Not Dead (STC) Fri-Sun 12:40-3:20-6:30-9:20 Mon 12:40-3:20-6:30-9:10 Tue-Thu 3:35-6:30-9:10
The Lunchbox (STC) Fri-Sun 1:10-3:40-7:10-9:35 Mon 1:10-3:40-7-10 Tue-Wed 3:50-7-9:35 Thu 3:50-7-10
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The Princess Bride (STC) Mon 7:30 Thu 7:30
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Bridgewater 349 Lahave St.

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Transcendence (PG) No Passes Fri-Sun 2:30-6:50-9:45 No Passes Mon 2:30-6:35-9:25 No Passes Tue-Thu 6:35-9:25

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Orphan Black's clones come back



Tatiana Maslany in season 2 of Orphan Black. BELL MEDIA

The little show that could. Co-creator promises more “crazy clone shenanigans” in upcoming season

LISA WEIDENFELD
Metro World News

Orphan Black is the little show that could. It had a few things working against it: a sci-fi premise, attracting an audience who had never heard of it and, oh, it also depends almost entirely on one actress creating performances powerful enough to carry the whole show. No, not in the Kerry Washington in Scandal sense, but in the literal sense that it's a show about clones, and star Tatiana Maslany plays the three main characters — and the villain! — this season. (She

played something like seven different people last season.)

But Orphan, returning this Saturday on Space, has managed to gain quite a bit of traction, with early adopters like comedian Patton Oswalt talking it up on Twitter. Maslany even nabbed a Golden Globe nomination, which is nearly unheard of for a so-called genre show.

“I think that the real turning point was going to Comic Con last year. We were very happy to see that after the show finished airing that the fan response continued to grow,” says Graeme Manson, the show's co-creator and executive producer.

The show's fans, who have dubbed themselves the Clone Club, have much to look forward to this season. Manson promises plenty of “crazy clone shenanigans.” The main theme of the season? “We are stronger together,” according to Manson. Is that a reference to the core trio of clones: con artist Sarah, upbeat scientist Cosima and perfect housewife Alison?

“A triangle always flips and is constantly tested. From the beginning (co-

Quoted

“We were very happy to see that after the show finished airing that the fan response continued to grow.”

Orphan Black co-creator Graeme Manson

creator) John Fawcett and I had the idea that Sarah's our hero, but we have sort of a triumvirate or trinity that is a core sisterhood,” says Manson.

“One of the things I'm most excited about in season 2 is peeling back the layers of Rachel, our new ‘proclone’ who we introduced at the end of last season,” Manson says, adding that, “Tatiana really does a fabulous job with her.” Expect what he called “a Sarah/Rachel war” to provide more details about Sarah and even Rachel herself.

And lest you get too concerned about the much-beloved Cosima, last seen dramatically coughing up blood, Manson says she's his favourite clone. Wait, that means she's going to be OK — right?

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Season 2 of Orphan Black premieres Sat. April 19 at 9 p.m. ET on Space

Toews' new book inspired by her sister

All My Puny Sorrows. Author's heartbreaking novel explores theme of assisted suicide

You can't make this stuff up. As inarticulate and clichéd as that may sound, it might be the best way to describe the devastatingly heartbreaking — and hilarious — story Miriam Toews tells in her new book, *All My Puny Sorrows*.

And that's because Toews, winner of numerous literary awards for her earlier books including *A Complicated Kindness*, isn't making it up. The story of the love two sisters have for each other, even as one is repeatedly (spoiler alert) trying to commit suicide is "quite autobiographical," the Torontonian explains in an interview on the eve of the book's publication.

"The relationship between Yolandi and Elfrieda is certainly taken from my own life, my relationship with my sister.

"My sister attempted and finally succeeded in killing herself. There are parts of the book that are more fictional than others, it's certainly fiction, but the major central relationship is informed by my life, by reality."

And for years that reality centred on trying to prevent her beloved sister from committing suicide, as her father had done before her.

So why not just write a memoir, as she did about her

Quoted

"It's certainly fiction, but the major central relationship is informed by my life."

Miriam Toews, author, on her new book, *All My Puny Sorrows*

father (*Swing Low: A Life*)?

"In writing fiction, I can be free," Toews explains. "I can use my life. The raw material is my experiences. (But in fictionalizing it,) I can set the tone, the voice, the pace. I can embellish. I can exaggerate. I can create. There's just more freedom. It's the direction I go in when I write. It's what I do."

But it's in the reality that Toews explores a major theme

in the book: whether we should allow assisted suicide, as they do in Switzerland.

"I spent so much time with my sister during those months, during the months she had made these attempts, and I came to realize she was very, very serious. That she was saying she was competent, that she was suffering and that her suffering was profound. That psych pain is as real as any physical pain, and it was manifesting itself as physical pain as well as psych pain. There's a point in the book where Yolandi says to Elfrieda: 'Now you have to fight,' and Elfrieda says to Yoli, 'I've been fighting for 30 years.'

"My sister said that to me. And that really struck me. And I said, 'Yes, that's true.'

"I had to ask myself all sorts

of questions: If I loved my sister — and I did in the same way Yolandi loves Elfrieda — what does love mean? How do we help a person? How do we reduce a person's suffering? What are our obligations? What are the rights of the individual in terms of determining the end of their lives?

"All of these are huge, huge questions.

"And when you're in that situation, all you can think of is wanting to save a person's life, wanting to keep them alive ... so it was a shift in my thinking and a shift in Yolandi's thinking when she really starts to think about it and to think about how she can be the best possible sister to Elfrieda."

Toews says she isn't so much making the argument

for assisted suicide as she is "presenting certain questions to hopefully allow readers to think about things that maybe we as a society haven't given much thought to."

What informs Toews thinking on the issue though is "going back to my own experience and seeing my sister in such agony, and thinking of her hav-

ing to die violently and alone; that there were no other options for her made me think, made me really think of the idea of assisted suicide, of providing a peaceful, good death to people who have decided for themselves that's what they want and that's what they need to get rid of the pain."

TORSTAR NEWS SERVICE



Author Miriam Toews in the Toronto home she now shares with her mother and daughter. VINCE TALOTTA/TORSTAR NEWS SERVICE

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Tegan and Sara embrace gay ambassador role

Identical twin sisters Tegan and Sara Quin have long been open about their sexuality. Now they're embracing the role of gay ambassadors, growing more comfortable with a topic they were hesitant to discuss at the start of their musical careers.

"I remember feeling resistant to talking about being a twin, to talking about sexism or homophobia, talking about being gay," said Tegan Quin, one half of the sister duo.

"I felt like it was marginalizing our music, it was making us a band only for gay people or for women," she said.

Seven studio albums later, the sisters have proved otherwise. Their latest release, *Heartthrob*, was a hit on both sides of the border and earned them three Junos last month, including pop album of the year.

As their audience expands,

they've gained a higher profile in the gay community. Last Saturday, they were awarded outstanding music artist at the GLAAD Media Awards, beating out high-profile musicians including Lady Gaga and Elton John.

"I think this year, because we were able to reach so many more people, and we were getting on to pop radio and talking openly about who we are and our sexuality, I think a lot of people in the gay community took notice," said Tegan, 33.

Tegan and Sara will have their highest profile yet when they headline the closing ceremony of WorldPride 2014 in Toronto this June. The 10-day international festival celebrates all things LGBTQ2SA (lesbian, gay, bisexual, transsexual, transgender, intersex, queer, questioning, two-spirited and allies).



Twin sisters Tegan and Sara Quin are playing at WorldPride 2014 in Toronto this June. CHRIS BUCK / WARNER BROS

Tegan and Sara will cap the celebrations with a free concert at Yonge-Dundas Square on June 29.

The Calgary-born Quin twins first attended Toronto

Pride on one of their first trips to the city when they were 18, shortly after coming out as gay, Tegan said.

"I remember at the time really being blown away with

Quoted

"I think I had a genuine fear that that's all anyone would have been interested in."

Tegan Quin of Tegan and Sara on her initial fear of being labelled a "gay band"

how many people were there and how many different kinds of people celebrated. It was like the whole city was uniting and being excited about this thing that usually, based on my experience in Calgary, was very much just a gay thing," she said.

But at the start of their music career, Tegan said the sisters were worried about being defined as only a gay band.

"I think I had genuine fear that that's all anyone would have been interested in."

That fear drove the pair to push back in the early 2000s, diversifying their sound and trying to break out of the category of "folk artist" they'd been relegated to, Tegan said. While they were always supported by the gay community, people mistakenly assume that's their only fan base, Tegan added. They found greater traction in the indie rock scene, scoring a breakthrough radio hit in 2004 with *Walking With a Ghost*.

In hindsight, Tegan said, their initial reluctance about being defined as "just a gay band" was unfounded.

"If I could go back and say anything to us, it's that we didn't need to feel fearful. People were going to embrace us because we were going to write about our experiences and those experiences were going to resonate as universal."

TORSTAR NEWS SERVICE

Bringing a spoonful of sugar to the stage



Heather McGuigan, performing as Mary Poppins on the Neptune Theatre stage. MITCH WARD/FOR METRO

Mary Poppins.

Triple-threat performer brings spunk to title role at Neptune Theatre



BACKSTAGE
PASS
Jenna Conter
hallifax@metronews.ca

Singer, actor and dancer. That's a triple-threat in the performance world — a portfolio of skills that Heather McGuigan has honed since she was 10 years old.

"I think I was destined to go into performing," said McGuigan. "I was singing Little Mermaid in the tub when I was 10-ish and my mom leaned into the door to listen and, as she recalls, said, 'Oh, no. She's going to be a singer,' and I launched from there."

With her energy aplenty, which you can witness as she takes the Neptune Theatre's Fountain Hall stage in the title role of Mary Poppins, it's not hard to imagine McGuigan performing a Disney

montage into her hairbrush as a young bathroom diva.

Though her vocal chops were first discovered in the confines of a family bathroom, her first stage was a little more public.

McGuigan, who refers to herself as a "Canadian mutt" having lived in almost every province, began her performance career as a gymnast.

The bar, beam and vault were all well and good, but it's the floor where she first found her audience.

"The performance aspect was by far my favourite in terms of being able to sell to the crowd," she said. "As a gymnast, like theatre, there's great focus, a bit of a daredevil — you're a risk-taker."

After graduating from the musical theatre program at Sheridan College in Ontario, McGuigan was immediately picked up by an agent.

Barely 17, she soon found herself cutting her teeth at the Charlottetown Summer Festival for three seasons — an amazing training ground as a professional performer, according to McGuigan.

She then turned her atten-

Magic, kindness and adventure

"Mary Poppins is spunky — somebody who is driven to share the world around her. I think she's there to show people that there's magic, kindness and adventure existing around all the time — we just have to look up."

Singer, actor and dancer Heather McGuigan

tion to her next cluster of triple-threats: charity, travel and writing.

In addition to travelling the world, McGuigan, along with a good friend, launched a Toronto-based charity known as Hope Totes in 2008.

An annual project to help less fortunate women in the Toronto area, the project donates thousands of dollars of products to shelters across the city — from everyday toiletries to special items like makeup and jewelry.

When she's not helping the world one tote at a time, McGuigan has self-proclaimed wanderlust, taking time to travel and experience all she can.

It's this adventurous spirit that sparked her 2012 book

Thendalla, a novel for young adults and those who love a great adventure.

"Imagination is everything," she said. "We have so much media around us — tools, toys and games — but I don't think they exist around us without imagination. I live for it."

More info

- **What:** Mary Poppins
- **Where:** Neptune Theatre Fountain Hall
- **When:** Through May 25
- **Tickets:** Visit neptune-theatre.com

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Sound Check

ALAN CROSS



A British trip-hop sensation, a tune inspired by an “orgy” of influences, and a metal take on a Wham hit.



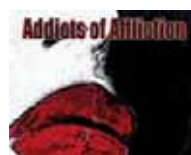
Hey Now/ London Grammar

Trip-hop (remember that?) trio from Nottingham has caused a sensation in the U.K. and is now trying to cross the Atlantic. This was one of six singles peeled from their British release.



God I Hate Clubs/ SIINNES

This outfit describe themselves as: “If Motley Crue, David Guetta, Nirvana and Deadmau5 had an orgy.” I get where they’re coming from with this song.



Careless Whisper/ Addicts of Affliction

The recording wherein a Montreal band tackles Wham’s monster hit in a metal style. If you need more, they also do Chris de Burgh’s Lady in Red.

See that symbol? It means you can scan this image with your Metro News app to listen to Alan’s recommended songs.

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Distraction generator



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Video game review

Name. Family Guy: The Quest for Stuff

For. iPhone/iPad/Android

Rated. Mature 17+

Taking the formula used by The Simpsons game and directing it toward an adult audience, The Quest for Stuff has you recreating Quahog through simple, tap-directed tasks. Each task has a time delay you’ll have to pay to dismiss, so this free game is actually quite expensive. The payoff is in seeing characters recreate crude moments from the show in full animation and audio. Quagmire gets his bird stuck in a bottle while Bonnie twerks a stripper pole. Nothing is off-limits, so watch your kids and your money.

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Prince Harry ALL PHOTOS GETTY IMAGES

Not royal material? Harry's friends don't see Cressida being a happy princess

There's been ample speculation that the next royal wedding will be between Prince Harry and girlfriend Cressida Bonas, but some of his friends don't think that's such a hot idea, according to E! News. "There is a growing feeling among a small section of them that Cressida isn't the perfect choice for him," a source says. "I don't think it's because there is anything wrong with their relationship or they don't

like her, but there is concern that she is too much of a free spirit to be happy in the royal family long-term. They worry that she wouldn't be able to fully adapt to that lifestyle. They think she's too carefree and would find it difficult to live by the protocol that comes with the job, which of course it is. It might be too much of a constraint for her. And that could cause problems for everyone."

That '70s baby: Mila and Ashton expecting a girl and couldn't be happier

It looks like it's going to be a girl for Mila Kunis and Ashton Kutcher, according to Us Weekly. Several sources confirm in the magazine that the pregnant Kunis is expecting a daughter. It will be the first child for the soon-to-be-married couple, though Kutcher was previously stepfather to Demi Moore's three daughters. "Mila absolutely loves being pregnant," one source says, while another adds that the equally ecstatic Kutcher "is dot-



Mila Kunis

ing on Mila." No word yet on a due date or a wedding date.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Looks like someone skipped their love vaccine

MELINDA TAUB

Metro World News

If Donnie Wahlberg wants to get vaccinated against anything, he should do it soon: He and Jenny McCarthy are engaged.

McCarthy got choked up Wednesday morning on The View as she announced her engagement to 44-year-old actor Wahlberg, and her cohost Barbara Walters offered her apartment as a wedding venue. McCarthy

and Wahlberg have been a couple since July 2013. They met on the set of McCarthy's now-defunct talk show.

McCarthy had hinted to her Twitter followers earlier in the day that she had some big news in the pipeline.

This will be the second marriage for both bride and groom. McCarthy was married to John Mallory Asher from 1999 to 2005. They have an 11-year-old son, Evan. She also dated actor Jim Carrey from 2005 to 2010. Wahlberg was married to Kim Fey from 1999 to 2008. They have two sons, Xavier and Elijah.

No word on where the bride and groom are registered, but I'm planning to send them an elegant bouquet of vaccines.



Elizabeth Olsen

Avengers: Age of Secrecy? Olsen 'terrified' to spill any info about movie

Elizabeth Olsen admits she was more than a little intimidated about joining the returning superheroes of next year's Avengers: Age of Ultron, but being the new kid on a super-team isn't nearly as daunting as maintaining the level of secrecy a Marvel film requires. "Any time they give us a call sheet or any time there's a new draft, they have to shred our old papers. I don't think I'm allowed to say anything.

And I'm too terrified," she tells Flaunt magazine. "I really just feel like I'm doing something that's top secret and somehow has a lot more importance than anything else I've been around, so that alone is hilarious. I want to take a photo and send to my friends — not that I want to tweet or Instagram it, just for personal reasons — and I feel like I'm going to get in trouble if I take a photo on set."

Twitter



@aaroncarter

The Forrest Gump soundtrack is the epitome of my life.



@kirstiealley

It's hard to be funny these days...many take things literally ... and social media trolls think they are literate.



@iamwandasykes

My in-laws are staying with us. Fondue for dinner...I feel like I just ate four grilled cheese sandwiches.



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SHOPPERS DRUG MART



A runway that's run their way

The Anti-Agency is the modelling agency that won't get in line and conform.

The founders explain why their company favours an attitude and a backstory over a conventional cut 'n' paste face

"I have no problem with models getting their tits out but I do have a problem when there's an extreme disparity between how men and women are presented," asserts Anti-Agency model Amy Blakemore. The shaven-headed, award-winning poet adds, "Implied submissive is the only thing that I would refuse to do for a client — it's a feminist principle thing." She chuckles.

It's not an opinion that's often vocalized amongst the fashion industry, let alone its silent model subjects. "We don't hire people who want to be models," says Anti-Agency co-founder Pandora Lennard. Lennard and her business partner Lucy Greene, who are officially launching the London-based agency this month, put no pressure on any of their ineffably beautiful, tattooed and pierced model misfits to conform to any industry standard statistics. They're in control of their appearance from body hair to BMI, as well as the jobs that they take on.

The fashion world has never truly been a great advocate of



Mimi Wade / ANTI-AGENCY



Amy Blakemore / ANTI-AGENCY



Chris Tanner / ANTI-AGENCY

free speech or choice amongst its models. So are the 24-year-old founders not concerned that outspoken individuals could potentially be bad for business? "Brands like someone who authentically represents their identity," argues Greene. "They know they're not going to get some quiet model; they're bolshie but well-behaved."

It's an attitude that fits well with clients such as Dr. Martens, Vivienne Westwood and ASOS. "If you're being booked through the Anti-Agency, both the model and the brand know what to expect," says musician,

model and barman Chris Tanner. Makeup artist and model Portia Williams agrees, "They take you on for who you are and not just the way you look."

The fashion stylists' counter-intuitive business model suits a generation of 20-somethings who can't be defined by a single job title — it's the rise of the model / DJ / any other artsy career.

"Our models are aspirational and people want to get to know them beyond just an image," says Lennard. They're part of a new wave of 'personality girls' like "[rainbow-haired] Chloe Norgaard, Cara Delevingne and Kendall Jenner."

Indeed, social media self-promotion has the public tuning in to the private lives of models in a previously unprecedented way. "It's about them as individuals," says Greene. It's the reason in the celebrity sphere that we expect the impromptu Instagram image of Delevingne's tongue or Miley Cyrus' bum. The talent agents use social media themselves to scout for future faces. "You can see into their lives through Facebook and In-



The new model beauty: Portia Williams / ANTI-AGENCY

stagram," explains Greene. "It's Facebook stalking. We've had 2 a.m. phone calls like, 'Have you seen this girl?'," admits Lennard.

And for the duo — who first saw the business as an opportunity to help out their cash-starved creative friends

— it's time to take advantage of fashion's current craze for kookiness and expand their 50-strong roster to the global market. And who knows, the Anti-Agency's new model army might just make conventional beauty seem oh so last season.

METRO WORLD NEWS IN LONDON

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A ladybug is a gardener's pest friend

Mini-predators.

Protect your garden the natural way with a tiny army of insect-eating bugs

Gardeners worried about the safety of synthetic pest-control products sometimes turn to botanically derived compounds instead. But many of those also contain toxic ingredients such as nicotine, rotenone and pyrethrins.

"Botanically derived pesticides are not always safe and some are more hazardous than synthetics," said Linda Chalker-Scott, an extension horticulturist at Washington State University's Puyallup Research Center. "Any improperly used pesticide will contaminate nearby terrestrial and aquatic systems."

And don't use home remedies, she said, which could be "illegal and possibly fatal to many good things in your garden."

Instead, consider the benign-neglect school of pest-control — a mix of prevention (such as maintaining healthy soil) and natural controls (such as insect-eating insects).

"I don't add fertilizers. I don't use pesticides. I use a wood chip mulch, which provides habitat for beneficial insects like predacious ground beetles that may eat slugs and slug eggs," Chalker-Scott said in an email.

That's one green, mean aphid-eating machine

"A single ladybug — probably the most illustrious beneficial predatory insect — can consume up to 5,000 aphids during its lifetime."

Jessica Walliser, author of *Attracting Beneficial Bugs to Your Garden: A Natural Approach to Pest Control*

How to go bug wild

Where to find beneficial insects? Aside from luring wild singles into your yard with the necessary food, water and shelter, you can simply buy several hundred for release from containers at garden centres or on the Internet.

- "Be sure you have everything they need to survive, then look at the types of pests you have in the garden," says author Jessica Walliser.

Ninety-nine per cent of the insects in our yards are benign or even beneficial, writes Jessica Walliser in her new *Attracting Beneficial Bugs to Your Garden: A Natural Approach to Pest Control* (Timber Press). She recommends introducing insects that eat other insects.

"A single ladybug — probably the most illustrious beneficial predatory insect — can consume up to 5,000 aphids during its lifetime," Walliser says, adding that there are thousands of other insect species capable of doing the same thing.

To keep these predatory insects around, however, you have to offer a diverse and pesticide-free garden with plenty of plant-based foods.

"Just like people, most species of beneficial insects need a balance of carbohy-



Many gardeners use pesticides — organic or otherwise — only as a last resort. They opt instead for such predatory insects as ladybugs, like the one shown above, which can be bought commercially and released from containers into the garden. DEAN FOSDICK/THE ASSOCIATED PRESS

drates (found in nectar) and protein (found in their prey) in order to survive," Walliser said.

Provide plants that produce flowers with shallow, exposed nectaries, she said. "Many beneficial insects are very small and don't have specialized mouthparts for accessing nectar from tubular flowers. Members of the carrot family and the aster family are great places to start."

Prevention, though, is

probably the best way to keep problem insects away, said Christy Wilhelmi, a garden designer from Los Angeles and author of *Gardening for Geeks* (Adams Media, 2013).

"If you have healthy soils, you won't have as many pests and you won't need to use pesticides," she said. "Avoid (plant) stresses. Have soil with a lot of organic matter in it. Check your garden every day and you won't need pest control."

THE ASSOCIATED PRESS



The owner of this hobby greenhouse, in Langley, Wash., provided plants producing flowers with shallow-based nectaries that attract small beneficial insects. You can introduce predatory insects into your greenhouse but they won't stick around long unless they're surrounded by a diverse and pesticide-free environment with plant-based foods. DEAN FOSDICK/THE ASSOCIATED PRESS



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PREPARATION HELPS EASE BUILDING STRESS

Whether it's about contractor work not performed to code or to customer specifications, or about projects taking longer than expected, or a story about costs going way over budget, building a new home can be a stressful endeavour.

"A little preparation beforehand will certainly ease the stress," says Wayne Ross, an insurance expert at Aviva Canada.

Ross offers these tips for success:

- **CONNECT WITH PREVIOUS CUSTOMERS:** Ask your friends for referrals of contractors or builders they've used.

- **LOOK FOR CONSISTENCY AND PERMANENCE:**

The ideal service provider has a physical business office and address and has been in business for a number of years.

- **DO A LEGAL CHECK:** Ensure builders and contractors are licensed and have insurance, so they are covered if they are injured during the project. — *News Canada*



PICKET FENCE HOMES A PERFECT BLEND OF QUALITY, AFFORDABILITY



In business, reputation is everything. Since 2003, Picket Fence Homes has developed an impeccable reputation, which culminated in it being named the builder of the year at the Nova Scotia Home Builders' Association Peak Awards in November 2013.

Picket Fence also picked up four other awards, including most outstanding new home under 2,000 square feet and two renovation awards.

Stephanie Palmer, Picket Fence's sales manager, credits a few things for the company's success, including its commitment to quality, following stringent construction processes and using committed staff and sub-trades who work on each home as if it was their own.

Another reason for the company's success is

affordability. Picket Fence offers homes for all budgets, including a single-family home in Governor's Brook starting at \$239,900, which is rare in today's pricy real estate market. All of Picket Fence's homes come with a seven-year Atlantic Home Warranty.

Picket Fence offers something for everyone, including move-in ready homes and custom-built homes.

"We will work with the customer from concept to completion, assisting with design and drawing plans to choosing their finishes — the customer is involved in every step of the process," Palmer says.

Picket Fence's homes can also be found in The Parks of West Bedford and St. Margaret's Village.



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INVEST IN INSULATION WHEN BUILDING

Nowadays, homeowners are presented with an eclectic range of home improvement options, both traditional and green, all of which can boost the value of the investment. Whether building a new house

or renovating an existing property, it is daunting to fully understand which products provide true value.

While television home renovation personalities will promote the latest and greatest, it's wise for homeowners to assess their individual needs, what they want to achieve, and understand the options that can be delivered over the short- and long-term. Taking time to evaluate the products on the market is an important step to save headaches in the long run.

The same can be said for insulation products. Although hidden behind the walls and forgotten by many, insulation is one of the key areas where an investment in a quality product can boost both the value and comfort in the home. From traditional products like fiberglass and cellulose, to modern technolo-

gies like the spray foam insulation, it can be confusing if you are unsure what to look for.

Here are six key questions homeowners should ask themselves and their contractor when making their selection:

- 1** How well does the insulation control air leakage that can account for up to 40 per cent of a building's energy loss?
- 2** Can the insulation create an air barrier without the use of extra finishing materials such as tape, gaskets, plastic wrap and labour?
- 3** How well does the insulation reduce air leakage in hard-to-insulate areas such as rim joists, cathedral ceilings, crawlspaces and garages without extra materials?

4 Is the insulation a qualified air barrier that minimizes air infiltration to help keep out allergens, dust and other pollutants?

5 Will the insulation maintain consistent performance at the rated R-value through the life of the building, or will it sag/settle over time, creating gaps and voids?

6 Can the insulation help control sound around plumbing, between rooms, street noise?

Spray foam insulation is the answer. The advanced material gives homeowners long-term performance reassurance and adds value to their home. It acts as an insulating and air-sealing material that can cut heating and cooling costs by half as well as help improve indoor air quality. For more, visit icynene.com. — *News Canada*

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KNOW YOUR RIGHTS

Our cities are going up vertically, and that means more and more people are enjoying high-rise living. Here are some tips to make your purchase a smooth one:

1 PATIENCE IS IMPORTANT It could be two or three years between the date you sign your purchase agreement and the date you take occupancy of your unit. If construction runs over schedule, it could be even longer.

2 KNOW YOUR RIGHTS WHEN IT COMES TO DELAYED CLOSINGS Builders are entitled to extend the occupancy date specified in a purchase agreement as long as they provide proper notice.

3 HIRE A LAWYER A condominium lawyer will help you interpret your purchase

agreement. It's to your benefit to understand both your own and your builder's responsibilities.

5 BE PREPARED TO MOVE INTO A CONSTRUCTION ZONE Condo projects are different from single-family homes in that the purchase is usually completed in two steps. Step 1 is interim occupancy. Many buyers find out the hard way that they are required to take possession of their completed unit (and pay the balance of the down payment, which generally amounts to 25 per cent of the purchase price) before common element features like front reception, landscaping and the swimming pool are finished. This means you could live for many months without the anticipated amenities, particularly if the unit sits on a lower floor.

— News Canada

WALL-HUNG TOILETS SAVE SPACE

Since entering the market more than 25 years ago, macerating toilet systems have become a staple when building your new home.

Often installed in areas such as basements, macerating toilets have evolved significantly from the originals in both technology and design.

The latest trends, for example, include sleeker, more polished looks that are also more functional and eco-friendly. European wall-hung toilets have increased in popularity with the unique, minimalist design, so it has a much smaller and less noticeable appearance in a room.

With the help of a frame located inside the wall, these toilets can ac-



NEWS CANADA

commodate just about any user.

Wall-hung toilets make excellent use of space, leaving cleaning a breeze since there is no stand affixed in the floor.

— News Canada

HOUSE AND HOME

METRO CUSTOM PUBLISHING

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BENEFITS OF BUYING A NEW HOME

The decision to buy a home is usually both exciting and daunting. While you may know the size or style of home you want, such as condominium or townhouse, the choice between a new or resale home is another important consideration.

Both new and resale homes have their advantages and drawbacks, which may range from having a home with character and history to customizing a brand new space for a turnkey experience.

“What some people may not know is that there are different legal considerations when purchasing a new versus resale home,” says Ray Leclair, vice-president of public affairs at LAWPRO. “Purchasing a home is a significant investment, so be sure to protect it by addressing uncertainties with a real estate lawyer.”

To help in your decision-making between a new or resale home, Leclair advises considering the following factors:

NEW HOME BENEFITS:

- The work is compliant with the latest construction and safety code requirements;
- Warranties for construction/appliance/system defects provide peace of mind;
- A building-location survey is generally available.

NEW HOME DRAWBACKS:

- Construction may not be completed in



SHUTTERSTOCK

- time for the proposed move-in;
- There may be ongoing construction around the home or in the neighbourhood..

RESALE HOME ADVANTAGES:

- Buyers can see what they are buying and have the opportunity to inspect the home;
- The neighbourhood landscape and infrastructure is known and ready to enjoy —

think parks, schools and shopping.

RESALE HOME DRAWBACKS:

- There will likely be no warranties or recourse if a defect is discovered;
- It may be difficult to see any hidden problems and there is no guarantee that plumbing, electrical or the construction are up-to-code;

- If there is a building-location survey, it is likely dated.

While these lists aren't comprehensive, they can help buyers determine what's most important when shopping for a new home. Ultimately, the key is to make an informed decision and find something that suits budget, neighbourhood preferences and personal style. — *News Canada*

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The hills overlooking the Bedford Basin are surrounded by nature and are now home to some of Halifax’s most unique and beautiful homes. These premium properties with their expansive deep lots set against a lush greenbelt provide a suburban feel in an urban environment.

Integrated with nature, Wentworth feature lots of green space, including a walking trail and a large pond, perfect for winter skating. Properties range in size from 5,000 square feet to more than 8,000 square feet, which is a rarity in an urban setting.

All homes are built in the authentic arts and crafts movement of design. The collection includes craftsman, prairie and contemporary styles, which encourage originality, simplicity of form, the use of natural materials and visible artistic craftsmanship.

“Wentworth is favoured by discerning buyers looking for an extraordinary property, a distinctive home design and equally beautiful surroundings,” says Kathleen O’Donovan, the director of development for Centennial Group Limited, the developer behind Wentworth.



“They are few and they are simply superb.”

Centennial was very selective in choosing builders. The four builders

are WCH Builders, Whitestone, Gerald Mitchell Contracting and Provident. The properties at Wentworth feature single-family homes, townhouses and condo



CONTRIBUTED PHOTOS

bungalow townhouses and range in price from \$354,000 to \$495,000.

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Dress ham up in its Easter best

Glazed Sweet Potato Ham. While Thanksgiving is the traditional meat-stuffing time of the year, it doesn't have to be the only one

Thanksgiving, we stuff turkeys. Easter we stuff ... Hams!

It's not as crazy as it sounds. And it's much easier than you think.

The result? A delicious and beautiful baked ham stuffed with layer upon layer of sweet potato slices.

The trick is to use a spiral-cut ham. All those slices are the perfect place to insert a bit of flavour and colour to your ham. Simply start at one slice, use your fingers to gently peel apart the layers, then insert thin slices of sweet potato.

And if sweet potatoes aren't your thing, the same approach would work with butternut squash or Yukon Gold potatoes. Just be certain to slice the vegetables as thinly as possible. A mandoline is your best bet.

1. Heat the oven to 350 F.
2. Using a mandoline,

Nutritional information

Per serving

- 400 calories; 200 calories from fat (50 per cent of total calories); 23 g fat (17 g saturated; 0 g trans fat); 110 mg cholesterol; 19 g carbohydrates; 1 g fibre; 110 g sugar; 31 g protein; 1860 mg sodium

**ACTIVE
TIME**
20 MINUTES

This recipe serves 16. MATTHEW MEAD/ THE ASSOCIATED PRESS

slice the two large sweet potatoes very thinly. Place the spiral-cut ham, cut side down, in a roasting pan.

3. Carefully separating the layers of the spiral-cut ham, insert slices of sweet

potato into each layer. Repeat this until every layer of the ham has been filled.

4. In a small bowl, stir together the apricot preserves and the black pepper, then spread the mixture all over the surface of

the spiral-cut ham, ensuring it is evenly covered.

5. Bake for about 2 to 3 hours, or until the ham is heated to 160 F at the centre and the potatoes are tender. Allow the finished ham to rest for 15

minutes before slicing. THE ASSOCIATED PRESS

Ingredients

- 2 large sweet potatoes, peeled
- 7- to 9-pound spiral-cut ham
- 10-oz jar apricot preserves
- 1 tsp ground black pepper



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IT'S A MATTER OF MAKING A SHIFT

SET A GOAL TO TRY TO TREAT THE EARTH PROPERLY

Every year, Earth Day Canada organizes a campaign for the month of April to help educate and engage people of all ages and backgrounds to lower their environmental footprint. With Earth Day approaching on Tuesday, the Make It Count campaign is focusing on four action categories — eat, grow, transform, and share.

Canadians have been encouraged to set a goal for the number of actions they want to complete in each category throughout the month and count them using an online printable calendar. Then they are invited to share the results using the #MIC4ED hashtag to compare totals with friends, classmates, colleagues and people in other parts of the country.

Earth Day Canada president Deb Doncaster believes it's important to integrate Earth Day practices into regular activities; it's something she strives to do herself.

"Every day, I ride a bike to work and walk my son to school," she says. "I don't own a car, I'm a member of a local food co-op and I grow vegetables in my backyard."

Making seasonal, sustainable food choices is part of Make It Count's mission. Where we buy our food, what we eat and how we handle food waste can have a huge impact on the environment, economy and society.



FLICKR/CHIOT'S RUN

Plants help purify and regulate the water cycle, store large amounts of carbon dioxide and are found at the base of the food chain. Tending to indoor or outdoor plants, herbs or vegetables is an easy place to start making a difference.

Transforming and repairing broken or old items, which is called "upcycling" or

"repurposing," can save tonnes of waste from landfills. And one of the best ways to learn how to treat the planet properly is by sharing your knowledge with others, whether you do so by posting information on social media or writing a letter to a politician.

"Each Canadian has a responsibility to

do what they can to lessen their impact on the Earth," Doncaster says.

"But integrating this into your daily activities has many great personal benefits, too, such as reducing stress and leading a healthier lifestyle. It's just a matter of making that shift."

— Jane Doucet

TEACHING KIDS THE VALUE OF OUR PLANET

This April, thousands of kids across Canada are choosing to Act for the Planet in several interesting and planet-friendly ways.

By participating in this campaign, kids can post a photo or drawing of their environmentally friendly activity on Ecokids.ca. Examples that have already been posted include a monthly beach cleanup in Sidney, B.C., and a Cubs group in Sylvan Lake, Alta., that went on a 20-minute walk and filled 10 grocery bags full of garbage.

Another great example is from Jace and Finleigh in Winnipeg. Each year when the snow is gone, they walk around the neighbourhood with their family and pick up the litter that has accumulated during winter.

There is also a contest — those who register

in the campaign have a chance to win one of two tablets and one of two cameras courtesy of Sony.

It's vital to teach children the value of treating our planet kindly.

"Successful education in any form should start early and should be engaging and fun," says Ayal Lesh, Earth Day Canada's director of programs.

Children love taking part in nature-based or environment-focused activities.

"That's part of the reason why we decided to run the Act for the Planet campaign," Lesh says. "So that the kids can be recognized for their work and other people can see how creative they are."

— Jane Doucet



CELEBRATE EARTH DAY!

Walk for Wildlife

April 6 - May 22, 2014

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The Walk for Wildlife Fundraising Loyalty Program is open to Canadian residents who are not residents of Quebec. To enter, participants must register at WalkForWildlife.ca before May 22, 2014. Once submitted, all contest entries become the property of CWF. Minors participating in this contest must receive written permission from their parents or guardians before participating, and be prepared to share this proof of permission with CWF when requested. Prizes must be accepted as awarded and are non-transferable, nor can prizes be redeemed for cash value. Estimated total value of the grand prize is \$2,865.00. Full terms and conditions are available at WalkForWildlife.ca.

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"Breathtaking!"

Alexandra Heilbron, Tribute.ca



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**Celebrate Earth Day 2014
In Theatres Tomorrow**



Disneynature has committed to helping bears in Canada through the Disney Worldwide Conservation Fund in your honour.



WORKING WITH COMMUNITIES

Environmental stewardship is a complex and subtle discipline. Many cultures around the world approach it in different ways and they all have their own unique insights and solutions.

The Earth Day Canada Tapestry program began as an acknowledgement that diverse cultural groups have many things to offer the environmental movement. Tapestry aims to bring diverse communities, community organizations and environmental sector stakeholders together in the Greater Toronto Area and southern Ontario over the next two years, and then nationally in years 4 and 5 to come up with new, collective ways to affect widespread and sustained environmental change.

Eduardo Garay is senior adviser — local and international programs at FutureWatch Environment and Development Education Partners. This not-for-profit organization helps connect new Canadians and those living in diverse communities in the GTA and elsewhere with their natural environment. He is on the Tapestry advisory council and his group is one of the stakeholder groups that have joined



CONTRIBUTED

forces to support Tapestry.

"Tapestry is an upshot of a diversity research project conducted by Earth Day Canada in 2013," Garay says. "We looked at the capacity for an environmental organization that could work with a variety of communities."

Tapestry's goals include establishing more diversity on environmental sector boards and developing a diverse group of speakers who can communicate environmental issues to the media, to the general public and to interest groups. It is also developing a two-year community leadership program and a web-based resource toolkit that will be available in 10 languages.

The Tapestry program is sponsored by the TD Friends of the Environment Foundation and the Ontario Trillium Foundation.

— Tom Mason



CONTRIBUTED

RECYCLE FOR EDUCATION

Winning a new computer lab for your school is impressive enough. For the 700 schools across Canada that took part in this year's Recycle for Education program, the chance to make a difference to the environment and their planet was the real reward.

The competition, sponsored by Staples Canada in collaboration with Earth Day Canada, gave 10 participating schools the opportunity to win a suite of computer equipment worth \$25,000 to each school, for submitting the details of their own green plan.

"When we heard that we had won grant money from Staples for our school, we were ecstatic," says Shelley Kofluk, stu-

dent leadership department head at M.E. LaZerte School in Edmonton, one of last year's winners.

Leigh Pearson, director of facility, environmental and procurement at Staples Canada, says the Recycle for Education program squares perfectly with her company's core values.

"We're passionate about education and we're also passionate about the environment. We can learn a lot from students when it comes to finding ways to protect our environment. They have a lot to tell us, and the Recycle for Education program gives us a way to tell their stories."

— Tom Mason



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HOMETOWN HEROES

TEAMS TACKLE THE ENVIRONMENT

In February 2011, Lyda Salatian founded the Lower Mainland Green Team, a group of volunteers who help Metro Vancouver parks, municipalities, non-profits and other organizations tackle environmental issues through teamwork and co-operation.

The Green Team combines Salatian's passion for the environment and her organizational skills. Volunteers have planted native plants and trees, such as Douglas fir, Western red cedar and Sitka spruce, picked up litter, removed invasive plants, such as English ivy, Scotch broom and periwinkle, and prepared and harvested vegetable beds, among other initiatives.

Earth Day Canada chose the Lower Mainland Green Team as the recipient of its 2013 Hometown Heroes Group Award, which recognizes a Canadian group that demonstrates outstanding environmental leadership, commitment and achievements in local communities.

"The Hometown Heroes Award sends a message that the work of our volunteers is very much valued and respected," says Salatian, the Lower Mainland Green Team's director.

Salatian has been so inspired by her volunteers that in the past year she founded a charitable organization called Green Teams of Canada, through which she plans to start other



CONTRIBUTED

green teams in British Columbia and across Canada. This summer she will be riding her bike from Victoria, B.C., to St. John's, N.L., to raise funds and awareness about Green Teams of Canada.

In the meantime, Salatian and her volunteers are basking in the glow of the Hometown Heroes Group Award win, which she feels her team shares symbolically with all of the hard-working environmental stewardship and watershed groups across the country.

Salatian has already invested the \$10,000 Hometown Heroes Group Award cash prize — made possible by program sponsors Mill Street Brewery and RBC — in a worthy initiative.

"Our Green Team put the money toward running more activities to engage youth and at-risk youth. It's so important to instill an environmental ethic in younger generations."

— Jane Doucet

"Breathtaking!"

Alexandra Heilbron, Tribute.ca



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EARTH DAY



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DID YOU KNOW?

Shopping thrift is a great way to snag fashionable clothing and one-of-a-kind accessories, collectables, books and household items for a bargain. Value Village purchases its merchandise from more than 60 nonprofit offices across Canada, which allows each store to stock nearly 100,000 items on its sales floor each and every day! So the selection is ever-changing and always fresh!

Shopping and donating at Value Village provides a great way for customers to reduce, reuse and recycle!

There are many ways consumers can make small changes in their daily habits in order to have a positive impact on the environment, from switching to energy-efficient light bulbs and eco-friendly cleaning products to carrying reusable shopping bags. What many don't realize is that one of the easiest ways to "go green" is by shopping thrift. When you shop at Value Village stores and donate reusable items to its nonprofit partners, you're keeping goods out of landfills and giving pre-loved treasures a brand new life.

"We know that families across Canada are clearing out their clutter and getting organized with spring cleaning," said Tony Shumpert, Vice President of Recycling Operations for Value Village. "By donating these items, instead of simply throwing them away, you can give back to your community and save quality goods from polluting the Earth. In fact, Value Village operates one of the largest recycling programs in the world, saving more than 600 million pounds of goods from landfills last year alone."

So how does it work? Every Value Village location partners with a charitable organization in its community, including Canadian Diabetes Association and Big Brothers Big Sisters of Greater Halifax. All year round, each store pays its nonprofit partner for every donated item, including clothing, housewares, books and more. Over the past 10 years, Value Village has purchased more than \$1.5 billion of goods from its partners – turning otherwise unused items into sustainable funding that supports the nonprofit's vital community programs and services.

The highest-quality items are priced at a great value and displayed on Value Village's sales floors for purchase, while merchandise not suitable for resale is responsibly recycled.

Residents with clothing or household goods to donate can call participating nonprofits for a home pickup or drop off their items at convenient Community Donation Centres located at every Value Village store.

For more information on Value Village's nonprofit partnerships and recycling efforts, or to find a Community Donation Centre near you, visit valuevillage.com.

GOOD JOB BOB!

Save 30%

When you donate two bags or boxes of reusable clothing or household items at the Community Donation Centre located at Value Village! Now thru May 3, 2014. Value Village pays local nonprofits every time you donate, and recycling helps planet Earth! Thank you!

Offer good now thru May 3, 2014. One coupon per visit. Minimum two box/bag requirement. Each box/bag must be equal to or larger than one full brown paper grocery store shopping bag. See coupon for details.



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STEAL THE SHOW

WITH FANTASTIC WHITE TEETH



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If you have ever watched makeover shows on TV, you know that no matter what the experts do to hair, makeup and wardrobe, when the big reveal occurs and the guest steps out onto the stage, the person's teeth are always straighter, polished, and noticeably whiter.

Everyone steps into the limelight regularly in some way and having a beautiful whiter smile will steal the show every time.

Whitening teeth is one of the easiest and most impactful cosmetic changes you

can make today, and it's no longer just a Hollywood thing. In fact, research has shown that most people would prefer to have whiter teeth. And they can. Whitening teeth is both affordable and easy to do for everyone.

So why do pearly whites dull down and lose some of their bright, white lustre?

With some people, it's genetics. They are born with teeth that are just more yellow than white.

Other people notice that, over time,

their teeth discolour, which can happen as a natural part of aging.

Certain lifestyle habits accelerate discolouring. Smoking is very hard on teeth (and your body) and leaves yellowish nicotine stains.

Drinking dark liquids can affect the shade of teeth, too — think coffee, tea, and red wine — and even pigmented foods such as cherries, blueberries and beets can leave stains. Some experts suggest putting milk or cream into coffee and

tea so they aren't so dark. But you have to be realistic, too. If you enjoy these drinks and foods, just be sure to brush your teeth after ingesting them.

Certain medications, as well as plaque and tartar, can affect the colour of your teeth, and that's why it's important to have your teeth cleaned regularly and to practise good dental hygiene.

Whitening your teeth will help remove stains and brighten your smile.

But whiter teeth can affect your psyche, too. Research has shown that the condition of your teeth and smile has a lot to do with the way you feel about yourself. While whitening teeth is a cosmetic improvement, the changes a person can experience as a result can be quite momentous.

People who have whitened their teeth say they no longer hide their smiles or cover their teeth when they are laughing or talking. They feel better about themselves overall and are more confident.

In effect, whitening your teeth is like wearing a new outfit or getting a fabulous new haircut. It simply makes you feel fantastic. That's a star quality that everyone deserves.



To ensure these products are right for you, always read and follow the label.



HEALTHY TEETH MAKE AN INSTANT IMPRESSION

Taking care of your teeth by practising good oral hygiene and whitening teeth sends all kinds of messages to the people you interact with every day.

The messages are all good.

• "I feel good about myself." Teeth whitening helps improve your appearance and that makes you feel good. Of course, good, positive feelings

are hard to hide.

• "Nothing can stop me now." When you feel good, self-confidence soars — whiten your teeth, you will see.

• "Do you think I'm sexy?" Someone who has nice looking white teeth rather than stained teeth has more sex appeal — and it shows.

• "Happiness is a huge part

of me." When people have a bright smile they tend to smile more often. And smiling is infectious.

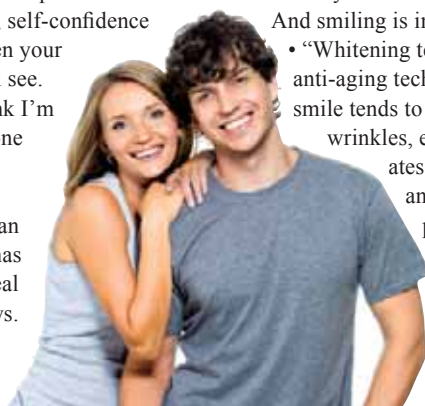
• "Whitening teeth is a great anti-aging technique." A whiter smile tends to overshadow facial wrinkles, etc., and that creates a more youthful and energetic appearance.

• "So nice to meet you." A smiling face is so much more friendly and

approachable than one that is scowling.

• "Taking care of my body and mind is important to me." Whiter teeth are associated with beauty and a healthier lifestyle.

• "Oral hygiene is important to me, too." Whiter healthy teeth make an instant impression with people you know and meet. It's evident that you take care of your teeth — and yourself — and that's fantastic.



SHOW OFF YOUR PEARLY WHITES

Here are some top occasions where a beautiful white smile is on your side.

1 BIG PRESENTATIONS: People really do study you from head to toe when you are public speaking. Prepare by being the

best you can be, including whiter teeth.

2 PHOTOGRAPHS: It's OK to want to look your best in photographs. These are lasting memories and whiter teeth make a difference.

3 MEETING NEW PEOPLE: You have mere seconds to make a first impression — a brilliant smile helps to make a good one.

4 GETTING MARRIED: Your wedding day should be perfect, right down to the radiant smile.

5 JOB INTERVIEW: Many people believe that during a job hunt an unattractive

smile will hurt their chances for landing a job.

6 FIRST DATE: Most people believe an attractive smile makes a person more appealing as a partner.

7 CLASS REUNION: It's only been 20 years, but your teeth and smile are as bright and white as ever.

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Forward Darcy Ashley returns from an upper body injury for the first game of the QMJHL semi-final series. JEFF HARPER/METRO

'It's just great to have him back'

Offensive power.

Forward Darcy Ashley returning to lineup as series opens against Val-d'Or



GEORDON OMAND
halifax@metronews.ca

The Halifax Mooseheads' semi-final series opener Friday night at the Metro Centre against the Val-d'Or Foreurs

Hungry

"You always want to be back in the lineup."

Moosehead forward Darcy Ashley

marks the welcome return of one of the Herd's offensive powerhouses.

Ashley had been sidelined with an upper body injury since Game 3 of the first playoff round against the Charlottetown Islanders.

"Nobody wants to sit out and not be able to help the

team win," said Ashley after practice in Halifax on Wednesday.

The five-foot-eight, 179-pound winger was off the ice for the entirety of the five-game, quarter-final series against the Olympiques, which the Mooseheads finished off 4-1 last Friday in

Gatineau.

"It's a lot harder sitting out when things aren't going well."

With the Moose about to face the highest-scoring team in the league — Val-d'Or leads the Q with 306 goals — Mooseheads coach Dominique Ducharme said he is plenty happy to have his high-scoring forward back in action.

"He's a veteran; he's been there for a while; he's one of our captains; he's a leader for us," said Ducharme.

Tough Foreurs

A high-octane series ahead

After a valuable week of rest and recuperation coming off their second-round 4-1 playoff victory against the Gatineau Olympiques, the Halifax Mooseheads are ready to hit the ice running against what stands to be their toughest playoff challenge yet.

The Mooseheads kick off Game 1 of the best-of-seven QMJHL semi-final series at home on Friday against the third-seeded Val-d'Or Foreurs in what promises to be a high-octane offensive matchup.

The Foreurs led the league in scoring, with 308 goals in the regular season.

"The intensity is going to be extremely high," said Mooseheads goalie Zachary Fucale after practice on Wednesday.

"The competitive levels are going to be through the roof."

But the Mooseheads — ranked second in the Q, with 292 goals — are hardly laggards when it comes to putting pucks into nets.

"We're also a high-scoring team," said Fucale, adding he is primed and ready for the challenge.

But the Foreurs forward Anthony Mantha — with a league-leading 120 regular-season points — should keep the Mooseheads d-unit on their toes.

Fucale and Mantha are former teammates, having played together for Team Canada at the 2014 World Juniors in Sweden. But that connection is unlikely to have much of an impact on Friday.

"It's going to be no different than any other game ... no matter who's playing on the other side," said Fucale.

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Blue Jackets goalie Sergei Bobrovsky stops a shot from the Penguins' Brandon Sutter in Pittsburgh on Wednesday. GENE J. PUSKAR/THE ASSOCIATED PRESS

Penguins hold on to shake off Jackets

NHL playoffs.

Columbus puts up a fight but Pittsburgh takes early series lead

Brandon Sutter scored on a wrist shot from the left circle 8:18 into the third period, helping the Pittsburgh Penguins rally for a 4-3 victory over the Columbus Blue Jackets in Game 1 of the Eastern Conference quarter-finals on Wednesday night.

Beau Bennett and Matt Niskanen scored power-play

| Game 1 | |
|----------|--------------|
| 4 | 3 |
| Penguins | Blue Jackets |

goals 45 seconds apart in the second period, erasing Pittsburgh's two-goal deficit. Jussi Jokinen also scored for the Penguins and Marc-Andre Fleury overcame some shaky defence to stop 31 shots.

Game 2 is Saturday night.

Jack Johnson, Mark Letestu and Derek Mackenzie scored for the Blue Jackets, who fell to 0-5 all-time in post-season games. Sergei Bobrovsky finished with 28 saves but was handcuffed by Sutter's knuckling wrister at the end of a 2-on-1 break.

The Blue Jackets insisted they wouldn't be intimidated despite Pittsburgh's overwhelming edge in playoff experience and star power. The Penguins also swept the five regular-season meetings between the two teams.

It took Columbus all of a period to go out and prove it.

Johnson gave the Blue Jackets their first-ever post-season lead 6:20 into the game, charging to the front of the net and taking a feed from Brandon Dubinsky before beating Fleury with a beautiful deke from his forehead to his backhand.

The Penguins righted themselves in the third, looking very much like the team that cruised to a division title. The miscues that plagued them for the first 40 minutes disappeared, replaced by the kind of responsible play they know they'll need to make a serious run at the franchise's fourth Stanley Cup. **THE ASSOCIATED PRESS**

Four more years. Jets make it official: Maurice will stay on as coach

Head coach Paul Maurice has been given a four-year extension to guide the Winnipeg Jets, and he and general manager Kevin Cheveldayoff appear to be of one mind on some of the team's upcoming issues.

One of them is keeping Ondrej Pavelec as the team's starting goaltender.

Cheveldayoff said it was disappointing not to make the playoffs but he didn't suggest he's deviating in any big way from his draft-and-develop philosophy, and that includes sticking with his 26-year-old starting netminder.

"Ondrej Pavelec is the No. 1 goaltender going into next season," the general manager insisted.

"He's relatively a young goaltender when it comes to being a starting goaltender and when you give those young players those opportunities to excel, there's going to be some bumps along the way."

With a save percentage of .901 (70th among all goalies in the NHL) and a goals-against average of 3.01 (69th) Pavelec is a frequent target of criticism.

"We're at a stage in our



Paul Maurice is staying on as the Jets' head coach. GETTY IMAGES FILE

franchise where we've got three or four potentially critical pieces through our lineup that are here that we've got to make better. We've got to put them in a position to be better, then they have to be better.

"And I think Evander Kane falls into that hole — really good young talented players that need to develop, that need to get better and I think they will get better.... In my mind, with Ondrej Pavelec, we have to do everything we can as a team to give our goaltending the best chance to win us games and that hasn't happened yet." **THE CANADIAN PRESS**

World championships

Team Canada will be led by Tippett

Dave Tippett will coach Team Canada at the upcoming world hockey championships.

Tippett, who narrowly missed making the playoffs with the Phoenix Coyotes, was an assistant in 2009 and 2013. Peter DeBoer of the New Jersey Devils and Paul

Maurice of the Winnipeg Jets will be Tippett's assistants. DeBoer was an assistant at the 2011 tournament. The IIHF world hockey championship runs from May 9-25 in Minsk, Belarus.

Tippett tells The Canadian Press in a telephone interview that the coaching staff has "a very good template" from Canada's gold-medal performance in the Sochi Olympics. **THE ASSOCIATED PRESS**

NHL playoffs. Weise's first post-season goal gives Habs Game 1 win over Bolts



J.T. Brown of the Lightning and the Canadiens' Josh Gorges collide on Wednesday. MIKE CARLSON/GETTY IMAGES

Dale Weise scored his first playoff goal in overtime to lift the Montreal Canadiens over the Tampa Bay Lightning 5-4 on Wednesday in Game 1 of their first-round playoff series.

Steven Stamkos scored twice, Alex Killorn had a goal and an assist, and Nikita Kucherov also scored for the Lightning, who were outshot 43-25.

Lars Eller had a goal and an assist, Brian Gionta scored shorthanded, and Thomas

Plekanec and Thomas Vanek replied for the Canadiens.

Carey Price made 21 saves, while Tampa Bay's Anders Lindback stopped 39 shots.

Montreal pulled ahead twice in the third period, taking 3-2 and 4-3 leads on goals from Eller and Vanek, respectively.

But Stamkos scored his second of the night at 13:27 of the third, tying the game 4-4 two minutes after Vanek's goal. **THE CANADIAN PRESS**

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Raptors fall to Knicks, will face Nets

Raptors Jonas Valanciunas and Amir Johnson defend against Knicks forward Amar'e Stoudemire during the Knicks' 95-92 season-fine win over the Raptors at Madison Square Garden in New York City. The Raptors will face Brooklyn in the opening round of the playoffs after the Nets' 114-85 loss to the Cleveland Cavaliers and the Washington Wizards' 118-102 win over the Boston Celtics on a wild Wednesday to wrap up the regular season. FRANK FRANKLIN II/THE ASSOCIATED PRESS

Real Madrid Bale'd out in Copa del Rey clincher



Real Madrid's Gareth Bale celebrates his goal on Wednesday in Valencia. GETTY IMAGES

Gareth Bale filled the void left by the injured Cristiano Ronaldo, sealing Real Madrid's 19th Copa del Rey title with a late goal in Wednesday's 2-1 win over Barcelona.

Ronaldo's extra-time play gave Madrid the 2011 Copa del Rey title at Barcelona's expense. In his absence Wednesday, Bale scored in the 85th minute — his first goal in three "clasico" matches — to make sure Madrid repeated the feat.

Angel Di Maria scored Madrid's opener from a counter-attack in the 11th minute, capitalizing on a Barcelona lineup that seemed to lack ideas in attack and was slow to recover on defence.

Defender Marc Bartra equalized against the run of play in the 67th by heading in from a corner kick to ruin goalkeeper Iker Casillas' record run of not conceding in this edition of the tournament. THE ASSOCIATED PRESS

Jays' Lind: Quick healing would require 'miracle'

MLB. Chronic back pain comes back to haunt Toronto DH

Blue Jays designated hitter Adam Lind left Tuesday's game with lower-back tightness.

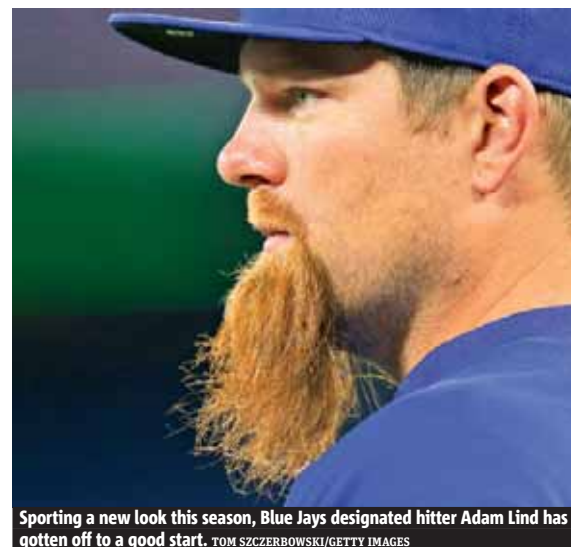
Although manager John Gibbons said he was merely "day-to-day," Lind was not looking or talking like a player who would be on the field any time soon.

The 30-year-old was in obvious discomfort after the game, walking gingerly and struggling to tie his shoes as he changed into street clothes inside the visitors' clubhouse.

Lind, who has dealt with chronic back pain and spent time on the disabled list in both 2011 and 2012 with back issues, was also visibly dejected.

"I was just running to second base after my walk and it just grabbed," he said, adding that the feeling was similar to what he felt in 2011.

Lind said he had been feeling some tightness for the last few days, but nothing like he felt in the fourth inning Tuesday. He stayed in the game for one more at-bat — singling and coming around to score amid the Jays' five-run sixth-inning



Sporting a new look this season, Blue Jays designated hitter Adam Lind has gotten off to a good start. TOM SZCZERBOWSKI/GETTY IMAGES

Covering the bases

.465

Adam Lind is off to a good start hitting .324 with a .465 on-base percentage. He batted .288 with 23 home runs in 2013.

rally that keyed their 9-3 victory over the Minnesota Twins — but the pain was too much to bear after that.

If Lind is going to be out for an extended period, the Jays will likely call up either Juan Francisco or Dan Johnson — both left-handed,

power-hitting first basemen — from triple-A Buffalo. Neither is on the 40-man roster, though, so to make room, Maicer Izturis would likely be transferred from the 15-day to the 60-day disabled list.

The team has yet to announce any move as of yet, but judging by Lind's body language and apparent immobility, he will likely miss more than a game or two.

"I hope I feel better tomorrow," he said Tuesday night, before getting on the team bus back to the hotel. "(But) that would be a miracle."

TORSTAR NEWS SERVICE

Premier League

Man City's stuck in table-top tumble

Manchester City's hopes of winning the Premier League took a big hit with a 2-2 draw at home to last-place Sunderland on Wednesday, with the title chasers needing an 88th-minute goal from Samir Nasri to earn a point. Third-placed City trimmed the deficit to Liverpool to six points, with one game in hand, but will see this as two points dropped after losing an early lead given to the team by Fernandinho.

THE ASSOCIATED PRESS

MLB. Cubs only muster pair of bunts vs. Tanaka

Cold, shorter rest, a bigger ball. No matter the challenges, Masahiro Tanaka is making a smooth transition from Japan to the majors for one major reason: his split-fingered fastball.

Tanaka allowed two bunt hits in eight dominant innings on a frigid Wednesday, Carlos Beltran homered for the third straight game and New York welcomed the Chicago Cubs to the current Yankee Stadium with a 3-0 victory in the opener of a day-night doubleheader.

Michael Pineda followed Tanaka's overpowering outing

Quoted

"His split-finger is devastating, a lot of bad swings on that and not good contact either, even when guys were putting it in play."

Cubs pitcher Jason Hammel on Yankees right-hander Masahiro Tanaka

with one of his own, pitching six innings of four-hit ball as the Yankees took the second game 2-0. THE ASSOCIATED PRESS

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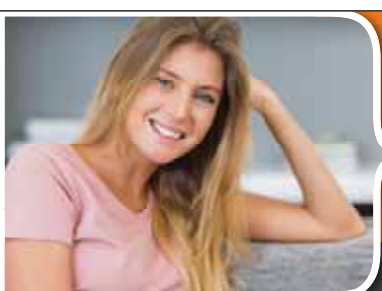
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Horoscopes

Aries

March 21 - April 20

Something you said or did in the past may return to upset your plans today but there is nothing you can do about it so just go with the flow.

Taurus

April 21 - May 21

You may like to give the impression that you are immune to criticism but it's not true and what someone says today will hurt you. Could it hurt because you know there might be truth in it?

Gemini

May 22 - June 21

You have no time for people who think and act slowly but the planets warn you need to be a bit more lenient and forgiving today. Not everyone can operate at your level.

Cancer

June 22 - July 23

It may be tempting to start something new today but you know you should be biding your time and conserving your energy. Once the Sun moves in your favour again on the 20th, you will know for certain what you should be doing.

Leo

July 24 - Aug. 23

Someone in a position of authority is watching you and if they like what they see, you could be in for a promotion when the Sun moves into the career area of your chart during the weekend.

Virgo

Aug. 24 - Sept. 23

If you promised to do something for a friend and you've had a change of heart, too bad! If you let even one person down today your rep for trustworthiness will head south.

Libra

Sept. 24 - Oct. 23

It may be time to let people know that they can have no say in your future. Far too many friends and relatives seem to be telling you what you should do but each of them is wrong.

Scorpio

Oct. 24 - Nov. 22

There is a battle of wills going on at the moment, either in your career or your social circle, and it's a battle you cannot afford to lose.

Sagittarius

Nov. 23 - Dec. 21

If you own up to some sort of transgression today, it may surprise you how little others seem to care about it. Either it's not such a big deal after all or their own sins are many times worse. For you, it's a win.

Capricorn

Dec. 22 - Jan. 20

It would appear that someone you work with has made a mistake and would like nothing better than to blame you for it. Don't let that happen! They're not the only ones who can point fingers.

Aquarius

Jan. 21 - Feb. 19

You seem reluctant to take chances at the moment and according to the planets you are right to hold back. A lot will change over the next four days, so wait a bit before making your next big move.

Pisces

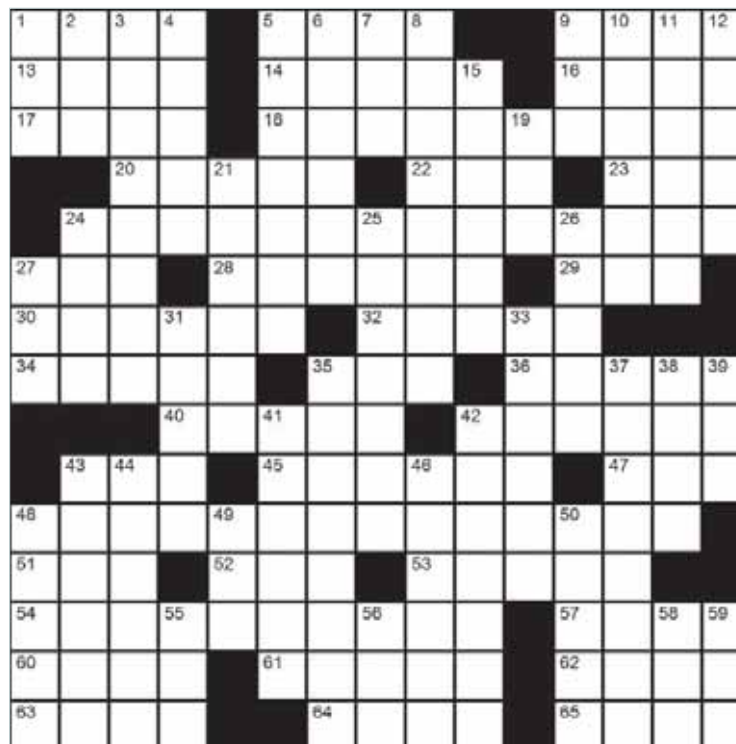
Feb. 20 - March 20

Try not to commit yourself to anything new over the next 24 hours. A range of possibilities will open up for you between now and the start of next week, so don't get snowed under by even more responsibilities. SALLY BROMPTON

Crossword: Canada Across and Down

Across

1. ___ and terminer
5. Scatters seeds
9. Salon service
13. Buddy Holly hit: "___ On"
14. Creates a cardigan
16. Baseball's Mr. Boggs
17. Old UK airline in a Beatles tune
18. Space studier
20. "The ___ heard was..."
22. Stun
23. Perhaps
24. Canadian comedy series for Rocko, Cuddles, Bill and But-ton's the Bear: 3 wds.
27. Farm field
28. Singer Ms. Franklin
29. Ques. partner
30. Records
32. Wretched
34. Awkward
35. Rent
36. Fast
40. South Pacific tour-ist destination
42. Beachwear style
43. Italian pronoun
45. Turkey's capital
47. Stock place, e.g.
48. Saskatchewan's rugged Western-movie-esque region near the American border: 3 wds.
51. ___ Arbor, Mich-igan
52. My own, in Latin
53. Iron: German



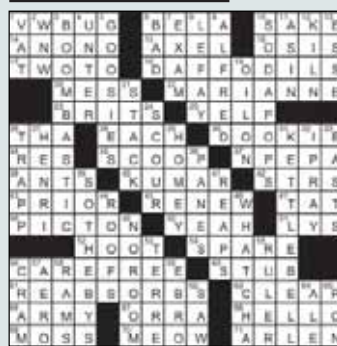
54. Members of Cape Breton choir The Men of the Deeps: 2 wds.
57. Mythical Hun king
60. Prefix to 'phony' (Harsh noise)
61. Bug
62. French pronoun
63. Freshly

64. Quebec City 'streets'
 65. 'Photosynth' suffix
- Down**
1. Royal symbol
 2. Former-NBAer, ___ Ming
 3. Assess

4. Post-game analysis
5. Kurt Browning's colleagues
6. At the actual place
7. Stand-up's forte
8. Scarecrow's outfit part: 2 wds.
9. ___-faced
10. Home design/

- build expert on "The Marilyn Denis Show", Mr. Khachi
11. Nonesuch
12. Ms. Streep
15. "Hey, I could care less.": 2 wds.
19. Retro's opposite
21. Enemy of ancient

Yesterday's Crossword

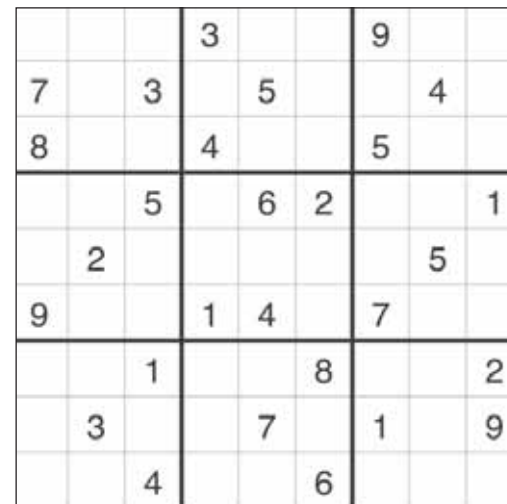


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Today

6°/-3°
Sunny

Friday

7°/2°
Sunny

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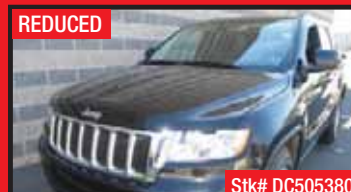


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